

MASINDE MULIRO UNIVERSITY OF

SCIENCE AND TECHNOLOGY

(MMUST)

MAIN CAMPUS

UNIVERSITY EXAMINATIONS

2020/2021 ACADEMIC YEAR

FIRST YEAR SECOND TRIMESTER EXAMINATIONS FOR THE DEGREE

OF

BACHELOR OF SCIENCE IN HEALTH PROFESSIONS EDUCATION, CLINICAL MEDICINE AND PHYSIOTHERAPY

COURSE CODE:

NUR 212

COURSE TITLE:

HIV AND AIDS AND STI MANAGEMENT

DATE: Monday, 19th April 2021

TIME: 2:00 - 5:00PM

INSTRUCTIONS TO CANDIDATES

- a. All questions are compulsory
- b. Read additional instructions under each subsection
- c. Enter all answers in the answer booklet provided
- d. Write the university registration number on each piece of paper used

TIME: 3 Hours

MMUST observes ZERO tolerance to examination cheating

This Paper Consists of 4 Printed Pages. Please Turn Over

Section A: Multiple choice questions

- 1. HIV/AIDs is caused by
 - a) Bacteria
 - b) Virus
 - c) Fungi
 - d) Protozoa
- 2. Vertical transmission is
 - a) Transmission of child to mother
 - b) Transmission of mother to child
 - c) None of the above
 - d) All of the above
- 3. The following is not a principle of Convention on the Rights of Child (CRC)
 - a) Right to be treated equally
 - b) right to life survival and development
 - c) Right to die
 - d) right to participate in activities
- 4. The potential modes of transmission of HIV to children exclude
 - a) Sexually transmission among adolescence
 - b) Transfusion of infected blood
 - c) Use of sterile instruments
 - d) Sexual abuse of children
- 5. Risk factor for mother to child transmission is
 - a) Women with normal immunity
 - b) Women with high viral load in the blood
 - c) Maternal normal micronutrient
 - d) During breast feeding the breast has no cracks
- 6. Communicating with caregiver has direct benefit for family in that,
 - a) Will not alert health worker to the possibility treatable HIV related conditions
 - b) Help family members to adopt a positive living attitude
 - c) Do not offer opportunity for the family members to access other support service
 - d) None of the above
- 7. Other care and support service that may be available in MCH and family centers exclude
 - a) Screening for TB
 - b) Nutrition care and support service
 - c) Lack of prophylaxis
 - d) Mental health and psychological care and support
- 8. Diagnosis of HIV infection facilitates the following
 - a) Inaccessibility to social and emotional support to family members
 - b) Lack of appropriate healthcare and social welfare planning at national regional and local level

- c) Access to currently available effective interventions which reduce morbidity and mortality associated with infection
- d) Inaccessibility to needed interventions for other affected family members
- 9. A person with symptomatic HIV exclude
 - a) Recurrent pneumonia
 - b) Oral thrush
 - c) Persistent diarrhea
 - d) Drooling saliva
- 10. Major sign of HIV infection is
 - a) oral thrush
 - b) Weight loss
 - c) generalized rash
 - d) recurrent infection e. g ear infection
- 11. Minor sign of HIV include
 - a) severe or recurrent pneumonia
 - b) prolonged fever
 - c) chronic diarrhea
 - d) Generalized lymph node enlargement
- 12. Malnutrition
 - a) Decreased nutrient absorption diarrhea
 - b) Decreased metabolic rate due to infection
 - c) Decreased food intake because of aneroxia associated with illness and mouth ulcer and oral thrush
 - d) none of the above
- 13. seizures are common non specific manifestation of neurological illness associated with HIV result from
 - a) Good nutrition
 - b) Metabolic supplement
 - c) Space occupying lesion
 - d) all of the above
- 14. HIV exposed or infected child needs
 - a) Immunization is not important
 - b) Treatment is not important
 - c) Can do without immunization
 - d) Growth and development monitoring
- 15. Members to terminally sick patients have a wide range of problems
 - a) Have proper mental health'
 - b) They have enough no need to work
 - c) Loss of inheritance
 - d) There is no anxiety about security and safety

- 16. Healthcare provider to HIV patients face the following challenges
 - a) Knowing what is developmentally appropriate
 - b) Not having knowledge and skills to communicate effectively.
 - c) Knowing the time to develop and nurture a relationship designed
 - d) Being aware of referral option
- 17. Risk factors for malnutrition in HIV patients exclude
 - a) Repeated infections
 - b) Increased loss of nutrients
 - c) Malabsorption
 - d) Decreased basal requirements
- 18. strategies to prevent malnutrition and to promote good nutrition are
 - a) Provide treatment in advanced stage of disease
 - b) Provide insufficient food to patients
 - c) Limited health care to patients
 - d) Provide accurate information to care givers responsible for feeding them
- 19. The drug used in prophylaxis of opportunistic infection is
 - a) Ampicilin
 - b) Chloraphenical
 - c) Paracetamol
 - d) Septrim
- 20. The following are stages of HIV life cycle except
 - a) Binding
 - b) Fusion
 - c) Reverse transcription
 - d) Disintegration

Section B Short answer all questions 40 marks

- 1. State risk factors for HIV transmission (5Marks)
- 2. Outline interventions to reduce vertical transmission (4marks)
- 3. State the management of three STI infections (10 Marks)
- 4. Outline how HIV is transmitted (5Marks)
- 5. Draw and label a HIV virus (8 marks)
- 6. Draw and label a life cycle of HIV virus (8marks)

Section C Long answer all questions (40 marks)

- 1. Discuss the life cycle of HIV virus 10 marks
- 2. Describe stage of HIV and AIDS 10 marks
- 3. Discuss opportunistic conditions and their management 20 marks