



**MASINDE MULIRO UNIVERSITY OF SCIENCE AND
TECHNOLOGY (MMUST)**

**UNIVERSITY EXAMINATIONS
2021/2022 ACADEMIC YEAR**

FIRST YEAR FIRST SEMESTER EXAMINATIONS

**MAIN EXAM
FOR
THE BACHELOR OF EDUCATION DEGREE
(SCHOOL BASED)**

COURSE CODE: PSY 410

COURSE TITLE: GUIDANCE AND COUNSELLING

DATE: 21/04/2022

TIME: 2:00 – 4:00 PM

INSTRUCTIONS TO CANDIDATES

Answer Question **One** and any other **Two** questions

TIME: 2 Hours

MMUST observes ZERO tolerance to examination cheating

- Q.1 a. state any five differences between guidance and counselling (5marks)
- b. State and briefly explain the circumstances under which confidentiality can be breached in counselling (5 marks)
- c. What are the merits and demerits of self-disclosure (5 mark)
- d. Identify and explain briefly the elements of classroom management (5marks)
- e. Using suitable examples explain the challenges facing peer counsellors in the provision of guidance and counselling in secondary schools (5marks)
- f. Discuss factors influencing vocational and career choice in secondary schools (5marks)

Q.2 a) What is the relevance of the behavioural theory in counselling (10mks)

- b) Outline the role of school counsellor from the person-centered humanistic perspective (10mks)

Q.3 What are the advantages and disadvantages of

- a.) Individual counselling (10marks)
- b). Group counselling (10 marks)

Q.4 a) Define and name types of stress (5marks)

- b). State Five forms of indiscipline commonly experienced in secondary school and their remedies (5mks)

c) Briefly discuss preventive measures against drug abuse (10marks)

- Q.5 a) State ways in which a teacher can manage the class effectively (10marks)
- b) Describe how a classroom teacher can handle a gifted and talented learner in classroom (10marks)