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MASINDE MULIRO UNIVERSITY OF

SCIENCE AND TECHNOLOGY

(MMUST)

MAIN CAMPUS

UNIVERSITY EXAMINATIONS

2021/2022 ACADEMIC YEAR

FIRST YEAR SECOND TRIMESTER EXAMINATIONS

FOR THE DEGREE

OF

BACHELOR OF SCIENCE IN HEALTH PROFESSIONS EDUCATION, CLINICAL  
MEDICINE

COURSE CODE: HCM121

COURSE TITLE: BEHAVIORAL SCIENCES

DATE: TUESDAY 19<sup>TH</sup> APRIL 2022

TIME: 2:00-5:00 PM

**INSTRUCTIONS TO CANDIDATES**

- a. All questions are compulsory
- b. Read additional instructions under each subsection
- c. Enter all answers in the answer booklet provided
- d. Write the university registration number on each piece of paper used

**TIME: 3 Hours**

## SECTION A: MULTIPLE CHOICE QUESTIONS (MCQ) 20 MARKS

1. Which of the following is not one of the key steps in the grief process?
  - a) Denial
  - b) Anger
  - c) Bargaining
  - d) Rejection
2. Which of the following matches the definition: covering up a weakness by stressing a desirable or stronger trait?
  - a) Compensation
  - b) Projection
  - c) Rationalization
  - d) Dysphoria
3. Which of the following matches the definition: attributing of our own unwanted trait onto another person?
  - a) Compensation
  - b) Projection
  - c) Rationalization
  - d) Dysphoria
4. Which of the following matches the definition: the justification of behaviors using reason other than the real reason?
  - a) Compensation
  - b) Projection
  - c) Rationalization
  - d) Dysphoria
5. Which of the following matches the definition: response to severe emotion stress resulting in involuntary disturbance of physical functions?
  - a) Conversion disorder
  - b) Depressive reaction
  - c) Bipolar disorder
  - d) Alzheimer's disease
6. Which of the following categories would a 70 year old adult be placed in?
  - a) Intimacy vs. Isolation
  - b) Generativity vs. Stagnation
  - c) Integrity vs. Despair
  - d) Longevity vs. Guilt
7. Erikson's stages of development follow the development through life span and it is not incorporating the following
  - a) Initiative Vs guilt
  - b) Intimacy Vs isolation
  - c) Shame Vs despair
  - d) Integrity Vs despair

8. One of the following is not the defense mechanism?
  - a. Displacement
  - b. Projection
  - c. Rationalization
  - d. Idealization
9. Important component of Hippocratic Oath is?
  - a. Bio psychosocial model of health care
  - b. In favor of doctors
  - c. In respect of humanity
  - d. In affectionate words
10. Behavioral symptoms of stress include
  - a. Nail biting
  - b. Abdominal cramps
  - c. Urination
  - d. Prostatitis
11. Why do we have a Code of Ethics?
  - a. To justify our actions
  - b. To determine extent of practice
  - c. To evaluate our self
  - d. It means we, as a professional body, are ACCOUNTABLE.
12. Ethics are;
  - a. Rationalization of why something is good or bad
  - b. It involves analyzing why one action is right and another is wrong.
  - c. Attitudes
  - d. Beliefs
13. The phase of group forming exclude?
  - a. Storming
  - b. Norming
  - c. Socialization
  - d. Performing
14. The following is a type of change;
  - a. Interruptive change
  - b. Simplified change
  - c. Compromised change
  - d. Planned change
15. Miss Carolyne is a final year Clin.Med student. He is Jealous of his very fast friend Danielle's Success but he is unaware of his feelings .Which type of defense mechanism it is?
  - a. Dissociation
  - b. Denial
  - c. Repression
  - d. intellectualization

16. The commonest factor that discourages hospitals revisits by client is
- Negative attitude from the care givers
  - High turnover of staff
  - Low turnaround time
  - Lack of proper transport system to the health facility.
17. The following are known as ethnic disorders or culture bound syndrome except?
- Nervous anorexia
  - The evil eyes
  - Being possessed or in a state of trance
  - Malaria
18. Structural- function see illness as;
- A dysfunction that undermines peoples' ability to perform their roles
  - A way of escaping from reality
  - A product of poverty
  - A physical and mental conditions caused by the environment
  - None of the above
19. Which of the following factor is an important risk factor for Disease?
- Autonomy
  - Pro social Behavior
  - Racial discrimination
  - Social Responsibility and Tolerance
  - Marital Harmony
20. Medical anthropology focuses on the following except;
- The development of systems of medical knowledge and medical care
  - The doctor and patient relationship
  - The integration of alternative medical systems and culturally diverse environment
  - Phasing out traditional medical practice

### **SECTION B SHORT ANSWER QUESTIONS, ANSWER ALL 40 MARKS**

1. State fundamentals of anthropology 5 marks
2. List factors influencing growth and development. 5 marks
3. Culture refers to someone who is well cultivate schooled or behaved. Outline characteristics of culture. 6 marks
4. The family consists of two or more persons living in the same household related to each other by blood, marriage or adoption. Enumerate functions of the family. 8 marks
5. A group is a collection of individuals who interact with each other such that one person's actions have an impact on the others. Explain phases of group formation. 8 marks

6. Health care is a key element in growth and development of human beings. Discuss barriers to accessing health services 8 marks.

### **SECTION C LONG ANSWER QUESTIONS 40 MARKS**

1. Discuss factors affecting social change in the society 15 marks
2. Discuss characteristics of self-actualized person according to Abraham Maslow. 10 marks
3. Stages in growth and development affect physical, psychological and social well being of an individual. Describe in details these stages. 15 marks