



(University of Choice)

**MASINDE MULIRO UNIVERSITY OF SCIENCE AND
TECHNOLOGY (MMUST)**

**UNIVERSITY EXAMINATIONS
2021/2022 ACADEMIC YEAR**

**FORTH YEAR SECOND SEMESTER EXAMINATIONS
MAIN EXAM (REGULAR)**

FOR THE BACHELOR OF EDUCATION DEGREE

COURSE CODE: ECD 407

COURSE TITLE: MATERNAL AND CHILD NUTRITION

DATE: 29/04/2022

TIME: 12:00 – 2:00 PM

INSTRUCTIONS TO CANDIDATES

Answer Question **One** and any other **Two** questions

TIME: 2 Hours

MMUST observes ZERO tolerance to examination cheating

SECTION A (COMPULSORY) ANSWER ALL QUESTIONS IN THIS SECTION

Question 1

- (a) Describe how the material nutrition influence the development of an unborn baby (10 marks)
- (b) With relevant examples, explain five factors that hinder early childhood growth and development (10 marks)
- (c) You have been invited as a chief guests at Upendo ECDE center to sensitize parents on the importance of breast feeding as a desirable option, highlight 10 points you would include in your address (10 marks)

SECTION B: ANSWER ANY TWO QUESTIONS FROM THIS SECTION.

Question 2

- (a) Explain the cause of malnutrition in children (10 marks)
- (b) Identify any 5 common childhood diseases and their preventive measures. (10 marks)

Question 3

- (a) Highlight the immunization scheduled for children aged 0-5 years (10 marks).
- (b) Assess the advantages of providing a balanced diet to a pregnant woman (10 marks)

Question 4

- (a) Explain the points to consider when providing meals to neonates and toddlers (10 marks)
- (b) Explain the special needs of preterm infant (10 marks).

Question 5

- (a) Plan a five day balanced diet for a child suffering from marasmus (10 marks)
- (b) Highlight the advantages of providing a balanced diet to lactating mother (10 marks)