



**MASINDE MULIRO UNIVERSITY OF
SCIENCE AND TECHNOLOGY
(MMUST)**

MAIN CAMPUS

**UNIVERSITY EXAMINATIONS
2021/2022 ACADEMIC YEAR**

FIRST YEAR, SECOND TRIMESTER EXAMINATION

**FOR THE DEGREE
OF**

BACHELOR OF SCIENCE IN PHYSIOTHERAPY - UPGRADING

COURSE CODE: HPT 126

COURSE TITLE: COMMUNITY BASED REHABILITATION

DATE: WEDNESDAY 20TH APRIL 2022

TIME: 2:00-5:00 PM

INSTRUCTIONS TO CANDIDATES

Answer All Questions

Section A: Multiple Choice Questions (MCQ)

Section B: Short Answer Questions (SAQ)

Section C: Long Answer Questions (LAQ)

20 Marks.

40 Marks.

40 Marks

TIME: 3 Hours

MMUST observes ZERO tolerance to examination cheating

This Paper Consists of 4 Printed Pages. Please Turn Over.

SECTION A: MULTIPLE CHOICE QUESTIONS (MCQ)

10 MARKS

1. Which of the following is not a factor in Community involvement?
 - a) Contribution of labour/time/goods/funds
 - b) Contribution of ideas
 - c) Decision making and action control
 - d) 1- way dependent relationship
2. Choose the one that is not true about appropriate technology?
 - a) They require only small amount of capital
 - b) Emphasizes the use of locally available materials
 - c) Does not offer opportunity for innovation
 - d) Can be produced in villages or small workshops
3. Intersectoral collaboration is one of the pillars of PHC. Which of the following is false?
 - a) Integration of services is not necessary
 - b) Communities come together with NGOs and Government agencies and departments to management of programs
 - c) Facilitates achievement of common goals
 - d) It is cost effective
4. Which of the following is NOT in the Kenya Essential Package for Health (KEPH)...?
 - a) Describes the five levels of health service delivery
 - b) Was introduced in the National Health Sector Strategic & Investment Plan II 2005-2010
 - c) Describes Cohort 4 as Adulthood
 - d) None of the above
5. Millennium Development Goals (MDGs).
 - a) Comprised 8 goals
 - b) Came into force in 2015
 - c) Had "Health for All" as its major achievement
 - d) Alleviation of extreme poverty and hunger was not one of its goals
6. An advantage of institution-based rehabilitation is?
 - a) Provides services that are high quality
 - b) Services are needs based
 - c) It is innovative
 - d) It does not lead to dependency syndrome
7. Which of the following As is not associated with PHC?
 - a) Acceptability
 - b) Accessibility
 - c) Availability
 - d) Attachment
8. The following are part of CBR service delivery system except?
 - a) Disabled person
 - b) Non-professionals
 - c) Community worker
 - d) Family trainer
9. Self-advocacy in CBR does not entail
 - a) Individualism
 - b) Self-determination
 - c) Making a challenge
 - d) the central and consistent involvement of people with disabilities defining for themselves the goals and processes

- 10 In individual rehabilitation:
- Emphasis is not on medicinal treatment and care
 - Targets spectacles of one's impairment
 - Rehabilitation is done in the community
 - Physical and economic environment are non-issues
- 11 Level 3 of community participation involves all but:
- Outside agencies define the program activities and the communities to benefit
 - Communities and agencies identify priorities together
 - Develop plans together
 - Implement the program together
- 12 In which of the following cohorts would a 75 year old be placed?
- Cohort 7
 - Cohort 5
 - Cohort 6
 - None of the above
- 13 In CBR management, the following questions are important except
- What?
 - So?
 - Why?
 - When?
- 14 The advantages of service delivery approach in CBR are the following but
- Reaches out to many who may not make it to a centre
 - Demystifies medicine
 - Leads to a sense of ownership
 - Medication is the main focus of management
- 15 Which of the following is the most effective model of CBR?
- Individual
 - Comprehensive
 - Outreaches
 - Institutional
- 16 The Community entry process involves stages?
- 2
 - 3
 - 4
 - 5
- 17 Step 3 in the management of CBR at Community level (Community organization) is
- Community mobilization
 - Awareness building
 - Animation
 - Community organization
- 18 Which of the following matches the definition: of impairment in disability?
- Disadvantage
 - Loss of body part/disability
 - Restriction
 - Stigmatization
- 19 In rehabilitation, orientation means:
- Restoration of function/skill that was there before disability
 - Teaching of a new skill
 - Ability to move freely from one area to another
 - Acquisition of knowledge about ones new environment e.g. before disability occurred

20 Empowerment means that local people – and specifically people with disabilities and their families – make the programme decisions and control the resources.

- a) True
- b) False

SECTION B: SHORT ANSWER QUESTIONS (SAQ)

40 MARKS

ANSWER ALL QUESTIONS EACH QUESTION IS FIVE (5) MARKS

1. Enlighten the five models of CBR.
2. What are the competing arguments against Outreach institution-based CBR system?
3. What are the five factors that may hamper the implementation of a CBR program?
4. Describe the pillars of CBR
5. Outline the elements of PHC
6. Outline the Six life cycle cohorts and the six levels of service delivery under KEPH
7. With examples, discuss the importance of use of appropriate technology in PHC
8. State the five disadvantages of Outreach institution-based rehabilitation system.

SECTION C: LONG ANSWER QUESTIONS (LAQS)

40 MARKS

ANSWER ANY TWO (2) QUESTIONS EACH ONE IS 20 MARKS

1. Compare and contrast between comprehensive and selective Primary Health Care (20 marks)
2. What examples can you use to illustrate if the 5 goals of CBR have been met (20 marks)
3. a) Presume you recruiting a patient into a CBR program how would you assist them to gain community entry (10 marks)
b) As a CBR worker analyze the different types of CORPs in CBR (10 marks)
4. How would you evaluate if someone is a competent CBR worker (20 marks)