



**MASINDE MULIRO UNIVERSITY OF
SCIENCE AND TECHNOLOGY
(MMUST)**

MAIN CAMPUS

**UNIVERSITY END OF TRIMESTER EXAMINATION
2021/2022 ACADEMIC YEAR**

**FOR THE DEGREE
OF
MASTER OF SCIENCE IN NURSING (PSYCHIATRY)**

COURSE CODE: NCM 8211

COURSE TITLE: Theoretical approaches and frameworks in the
management of mental disorders

Monday 25th April 2022

8.00am-11.00am

INSTRUCTIONS TO CANDIDATES

All Questions are compulsory

TIME: 3 Hours

MMUST observes ZERO tolerance to examination cheating
Please turn over

All questions are compulsory

1. Using Hildegard Peplau's Interpersonal Theory of Nursing, discuss the roles of the Mental Health Nurse in Group Psychotherapy (25mks)
2. It is difficult to apply Hildegard Peplau's Interpersonal Theory of Nursing in the management of patients with bipolar disorder. Discuss (25mks)
3. Discuss the challenges of applying supervised use as a strategy of harm reduction among injecting drug users in Kenya(20mks)
4. Describe the five phases of Joyce Travel Bee's Human-to-Human relationship model(25mks)