



(University of Choice)

**MASINDEMULIROUNIVERSITY OF
SCIENCE AND TECHNOLOGY**

(MMUST)

MAIN CAMPUS

UNIVERSITY EXAMINATIONS

MAIN EXAM

2021 / 2022 ACADEMIC YEAR

SECOND YEAR SECOND SEMESTER

**EXAMINATIONS FOR THE BACHELORS DEGREE IN
COSMETOLOGY**

COURSE CODE: TCO 241

COURSE TITLE: BODY CARE AND MASSAGE

DATE: TIME:

INSTRUCTIONS TO CANDIDATES:

ANSWER QUESTION ONE AND ANY OTHER TWO QUESTIONS.

TIME: 2 Hours

MMUST observes ZERO tolerance to examination cheating

This Paper Consists of 2 Printed Pages. Please Turn Over



1. a. Elaborate on the **FIVE** types of massage (10mks)
b. Explain **FIVE** benefits of massage therapy (10mks)
c. Expound on **FIVE** types of massage techniques (10mks)
2. a. Explain **FIVE** factors to consider when preparing for a massage session (10mks)
b. Elaborate on the procedure of pedicure (10mks)
3. a. Explain the procedure of performing massage on the following body parts
 - i. Hand (5mks)
 - ii. Head (5mks)
 - iii. Face (5mks)
 - iv. Back (5mks)
4. a. Elaborate on the **TEN** ethical issues when practicing massage therapy (10mks)
b. Explain the general guidelines for client handling when practicing massage therapy (10mks)
5. a. Discuss the history of massage therapy (10mks)
b. Describe the physiological response of the following systems during massage therapy (5mks)
 - i. Muscular system
 - ii. Digestive system