

MASINDE MULIRO UNIVERSITY OF SCIENCE AND TECHNOLOGY (MMUST)

UNIVERSITY EXAMINATIONS

2015/2016 ACADEMIC YEAR

FIRST YEAR FIRST SEMESTER EXAMINATIONS

FOR THE DEGREE

OF

BACHELOR OF EDUCATION

(ARTS)

COURSE CODE: GAC 101

COURSE TITLE: INTRODUCTION TO GUIDANCE AND COUNSELING

INSTRUCTIONS TO CANDIDATES

Answer Question ONE and any other two (2) questions.

TIME: 2 Hours

MMUST observes ZERO tolerance to examination to cheating

1 a) Define the following terms

- i. Counselling
 - ii. Guidance
 - iii. Confidentiality
 - iv. Active listening
 - v. Free association
- 10mks

b. Explain any 6 reasons why use of appropriate skills is important in counseling 6mks

c. Discuss 4 distinctions between guiding and counseling 4mks

d. Discuss 5 challenges facing the implementation of guidance and counseling in learning institutions
10mks 10mks

2 a. Trace the historical development of guidance and counseling in Kenya since independence 12mks

b. Citing relevant examples discuss 4 ways teacher counselors would eradicate indiscipline in institutions of learning in Kenya 8mks

3. a. Citing relevant examples identify 5 skills a counsellor would apply in counselling 10mks

b. List 5 considerations that a counselor needs to bear in mind when selecting skills of counseling 5mks

c. Explain the advantages of individual counseling 5mks

4 You are dealing with a traumatized learner in class, discuss how you as a therapist would apply person centered therapy in counseling the client 20mks

5 a Describe the structure of counseling process 5mks

b. Explain 5 demerits of group counseling 5mks

c. As a trained counselor why would you encourage the use of self-disclosure skill during counseling sessions 10mks