



(University of Choice)

**MASINDE MULIRO UNIVERSITY OF  
SCIENCE AND TECHNOLOGY  
(MMUST)**

MAIN CAMPUS

**UNIVERSITY EXAMINATIONS  
2021/2022 ACADEMIC YEAR**

**FIRST YEAR SECOND TRIMESTER EXAMINATIONS  
MAIN PAPER**

**FOR THE DEGREE  
OF  
BACHELOR OF SCIENCE IN NURSING**

**COURSE CODE:** NCN 121

**COURSE TITLE:** ADVANCED NURSING THERAPEUTICS

**DATE:** Wednesday 20<sup>th</sup> April, 2022

**TIME:** 8am - 11am

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**INSTRUCTIONS TO CANDIDATES**

THIS PAPER CONSISTS OF THREE SECTIONS  
ANSWER ALL QUESTIONS IN THIS PAPER

TIME: 3 Hours

MMUST observes ZERO tolerance to examination cheating

This Paper Consists of 4 Printed Pages. Please Turn Over. ►

**SECTION A****MULTIPLE CHOICE QUESTIONS****(20 MARKS)**

1. In what year and which nurse believed that the environment was an external and an internal environment, both of which constantly affect the development of the person?
  - A. 1963 Sister Callista Roy
  - B. 1972 Betty Neuman
  - C. 1956 Virginia Henderson
  - D. 1858 Florence Nightingale
2. Dorothea Orem's theory consisted of?
  - A. People are willing to take care of themselves.
  - B. Basic human needs are met through self-care activities.
  - C. The basic foundation to caring for oneself.
  - D. Basic humans need to be supported or educated on their limitations.
3. To be effective in meeting various ethnic needs, the nurse should:
  - A. Treat all clients alike.
  - B. Act as if he or she is comfortable with the client's behavior.
  - C. Be aware of clients' cultural differences.
  - D. Avoid asking questions about the client's cultural background.
4. Which of the following is not included in evaluating the degree of heritage consistency in a client?
  - A. Gender
  - B. Ethnicity
  - C. Culture
  - D. Religion
5. The nurse is obligated to follow a physician's order unless:
  - A. The order is a verbal order.
  - B. The order has not been prescribed
  - C. The order is a verbal order
  - D. The order violets hospital policy
6. Nurses agree to be advocates for their patients. The practice of advocacy calls for the nurse to:
  - A. Seek out the nursing supervisor in conflicting situations.
  - B. Work to understand the law as it applies to the client's clinical condition.
  - C. Assess the client's point of view and prepare to articulate this point of view.
  - D. Document all clinical changes in the medical record in a timely manner.
7. **Transcultural nursing** implies:
  - A. Working in another culture to practice nursing within their limitations.
  - B. Using a comparative study of cultures to understand similarities and differences across human groups to provide specific individualized care that is culturally appropriate.
  - C. Combining all cultural beliefs into a practice that is a non-threatening approach to minimize cultural barriers for all clients' equality of care.
  - D. Ignoring all cultural differences to provide best-generalized care to all clients.
8. Bereavement may be defined as:
  - A. The emotional response to loss.
  - B. The outward, social expression of loss.

- C. Postponing the awareness of the reality of the loss.
  - D. The inner feeling and outward reactions of the survivor.
9. A client has recently been told he has terminal cancer. As the nurse enters the room, he yells, "My eggs are cold, and I'm tired of having my sleep interrupted by noisy nurses!" The nurse may interpret the client's behavior as:
- A. An expression of the anger stage of dying.
  - B. An expression of disenfranchised grief.
  - C. The result of maturational loss.
  - D. The result of previous losses.
10. The nurse is working with parents of a seriously ill newborn. Surgery has been proposed for the infant, but the chances of success are unclear. In helping the parents resolve this ethical conflict, the nurse knows that the first step is:
- A. Exploring reasonable courses of action with the parents
  - B. Clarifying values related to the cause of the dilemma.
  - C. Collecting all available information about the situation.
  - D. Identifying people who can solve the difficulty from within
11. When helping a person through grief work, the nurse knows that:
- A. Coping mechanisms that were effective in the past are often disregarded in response to the pain of a loss.
  - B. Anticipatory grief, perceived loss, actual loss, and renewal. The sequencing of stages of grief may occur in order, they may be skipped, or they may reoccur.
  - C. Most clients want to be left alone.
12. What are the stages of dying according to Elizabeth Kubler-Ross?
- A. Numbing; yearning and searching; disorganization and despair; and reorganization.
  - B. Accepting the reality of loss, working through the pain of grief, adjusting to the environment without the deceased, and emotionally relocating the deceased and moving on with life.
  - C. Anticipatory grief, perceived loss, actual loss, and renewal.
  - D. Denial, anger, bargaining, depression, and acceptance.
13. Which step of the nursing process includes setting short- and long-term goals?
- A. Planning
  - B. Diagnosing
  - C. Implementing
  - D. Assessing
14. What is the North American Nursing Diagnosis Association (NANDA) responsible for?
- A. Determining independent nursing diagnosis and action
  - B. Establishing and determining new diagnosis for allied health
  - C. Developing criteria for collaborative practice between nursing and medical doctors
  - D. Support NLN in making new diagnosis
15. Which of the following is a well written goal?
- A. Will reduce the risk of falls by correct use of walker each time he ambulates down the hallway
  - B. The nurse will teach the patient to use a walker down the hallway within 2 days
  - C. The patient will demonstrate safe use of his walker during ambulation down the hallway by 2 pm
  - D. The patient will use his cane correctly by 2pm today.
16. Health care organizations use three main systems of patient care which include the following EXCEPT:
- A. Total Patient Care

- B. Team Nursing
  - C. Direct patient care
  - D. Focused care
17. A nurse manager is developing strategies to care for the increasing number of clients who have obesity. Which of the following actions should the nurse include as a primary health care strategy?
- A. Collaborating with providers to perform obesity screenings during routine office visits
  - B. Ensuring the availability of specialized beds in rehabilitation centers for clients who have obesity
  - C. Providing specialized intraoperative training regarding surgical treatments for obesity
  - D. Educating acute care nurses on postoperative complications related to obesity
18. A nurse is discussing the purpose of regulatory agencies during a staff meeting. Which of the following tasks should the nurse identify as the responsibility of state licensing boards in her/his discussion?
- A. Monitoring evidence-based practice for clients who have a specific diagnosis
  - B. Ensuring that health care providers comply with regulations
  - C. Setting quality standards for accreditation of health care facilities
  - D. Determining if medications are safe for administration to clients
19. The nurse asks a client about his COVID 19 immunization status. Which Gordon's functional assessment pattern is she focusing on?
- A. Health perception health management pattern
  - B. Activity and exercise pattern
  - C. Cognitive and perception pattern
  - D. Values and belief pattern
20. How are cues, signs and symptoms written when identified in patient's assessment?
- A. Caused by
  - B. Explained by
  - C. Diagnosed by
  - D. Manifested by

**SHORT ANSWER QUESTIONS****(40 MARKS)**

1. Explain holistic healing and give two examples of any methods used in holistic healing (8 Marks)
2. A patient comes from surgery and needs intensive care nursing, describe the nursing care delivery method that will be used to nurse him (8Marks)
3. Discuss Quality Assurance (QA) and its three processes to evaluate standards of nursing care (8 Marks)
4. Explain the first four stages of nursing research (8 Marks)
5. Formulate 2 three- part diagnostic statements by NANDA for a bed ridden patient (8 Marks)

**LONG ANSWER QUESTIONS****(40 MARKS)**

1. Quality assurance is a systematic ongoing process designed to evaluate and promote excellence in nursing care. Discuss the three types of evaluation in QA (20 Marks)
2. You are working in a male medical ward, the qualified nurse asked you to assist in giving a patient medication, the patient refused to take the tablets and hid them under his pillow. The nurse on realizing what happened started scolding the patient in a loud voice. Describe your reflection of the incident using the 6 steps of reflective nursing (20 Marks)