60

(University of Choice)

## MASINDE MULIRO UNIVERSITY OF SCIENCE AND TECHNOLOGY (MMUST)

MAIN CAMPUS

UNIVERSITY EXAMINATIONS

2021/2022 ACADEMIC YEAR

2ND YEAR TRIMESTER 2 EXAMINATIONS

FOR THE DEGREE OF

BACHELOR OF SCIENCE IN NURSING

**COURSE CODE: NCN 221** 

COURSE TITLE: MEDICAL SURGICAL NURSING: NURSING MANAGEMENT OF URINARY, HEMATOLOGIC AND SKIN DISORDERS

DATE: 19TH APRIL 2022

TIME: 3PM-6PM

INSTRUCTIONS TO CANDIDATES

ANSWER ALL QUESTIONS

TIME: 3 Hours

MMUST observes ZERO tolerance to examination cheating

MULTIPLE CHOICE QUESTIONS (20 MARKS) pase Turn Over.

1. A patient is being discharged from having a skin biopsy of a lesion on the left forearm. What would you include in the discharge instructions?

- A. Remove the dressing every 1 to 2 hours and let air dry.
- B. If redness and yellow exudate present this is normal for 7 days.
- C. Keep dressing in place for 8 hours and then clean daily.
- D. Avoid antibiotic ointments usage for 72 hours.
- 2. Tubular damage is indicated in the patient with acute renal failure by a urinalysis finding of
  - A. Hematuria
  - B. Specific gravity fixed at 1.010
  - C. Urine sodium of 12 mEq/L
  - D. Osmolality of 100 mOsm/kg
- 3. Lack of plasmin leads to disorder of:
  - A. Prothrombinogenesis
  - B. Trombinogenesis
  - C. Fibrinogenesis
  - D. Retraction and fibrinolysis
- 4. Which of the following substance must be reduced in the diet of a diabetic patient with renal calculi and chronic renal failure?
  - A. Carbohydrates
  - B. Fats
  - C. Protein
  - D. Vitamin C
- 5. Which of the following is the initial intervention for a male client with external bleeding?
  - A. Elevation of the extremity
  - B. Pressure point control
  - C. Direct pressure
  - D. Application of a tourniquet
- 6. A patient presents with a skin infection caused by staphylococcus aureus. The patient's lower leg is infected from the deep dermis to the subcutaneous fat. What skin disorder does this describe?
  - A. Psoriasis
  - B. Cellulitis
  - C. Impetigo
  - D. Erysipelas
- 7. Polycythemia hypervolemia is a result of:

- A. Erythremia
- B. Dehydration
- C. Anemia
- D. Hemorrhage
- 8. Which criterion is required before a patient can be considered for continuous peritoneal dialysis?
  - A. The patient must be hemodynamically stable.
  - B. The vascular access must have healed.
  - C. The patient must be in a home setting.
  - D. Hemodialysis must have failed.
- 9. Which of the following disorders results from a deficiency of factor VIII?
  - A. Sickle cell disease
  - B. Christmas disease
  - C. Hemophilia A
  - D. Hemophilia B
- 10. A client with iron deficiency anemia is scheduled for discharge. Which instruction about prescribed ferrous gluconate therapy should the nurse include in the teaching plan?
  - A. "Take the medication with an antacid."
  - B. "Take the medication with a glass of milk."
  - C. "Take the medication with cereal."
  - D. "Take the medication on an empty stomach."
- 11. Which of the following symptoms are most common in patients with acute pyelonephritis?
  - A. Jaundice and flank pain
  - B. Costovertebral angle tenderness and chills
  - C. Burning sensation on urination
  - D. Polyuria and nocturia
- 12. Mechanisms hemorrhage in disseminated intravascular coagulation (DIC) syndrome?
  - A. Activation of platelet aggregation
  - B. Activation of plasminogen
  - C. Decreased expression of heparin-like molecule
  - D. Activation of factor five
- 13. The nurse determines that a patient with acute renal failure is in the recovery phase when the patient experiences

- A. A return to normal weight
- B. A urine output of 3700 mL/day
- C. Decreasing BUN and creatinine levels
- D. Decreasing sodium and potassium levels
- 14. The nurse plans to administer dexamethasone cream to a client who has dermatitis over the anterior chest. How should the nurse apply this topical agent?
  - A. With a circular motion, to enhance absorption.
  - B. With an upward motion, to increase blood supply to the affected area.
  - C. In long, even, outward, and downward strokes in the direction of hair growth.
  - D. In long, even, outward, and upward strokes in the direction opposite hair growth.
- 15. During the acute phase of a burn, the nurse in-charge should assess which of the following?
  - A. Client's lifestyle
  - B. Alcohol use
  - C. Tobacco use
  - D. Circulatory status
- 16. The nurse prepares to care for a male client with acute cellulitis of the lower leg. The nurse anticipates which of the following will be prescribed for the client?
  - A. Cold compress to the affected area.
  - B. Warm compress to the affected area.
  - C. Intermittent heat lamp treatments four times daily.
  - D. Alternating hot and cold compresses continuously.
- 17. A female client sees a dermatologist for a skin problem. Later, the nurse reviews the client's chart and notes that the chief complaint was intertrigo. This term refers to which condition?
  - A. Spontaneously occurring wheals.
  - B. A fungus that enters the skin's surface, causing infection.
  - C. Inflammation of a hair follicle.
  - D. Irritation of opposing skin surfaces caused by friction.
- 18. During the nursing assessment of the patient with renal insufficiency, the nurse asks the patient specifically about a history of
  - A. Angina
  - B. Asthma
  - C. Hypertension
  - D. Rheumatoid arthritis

- 19. For which of the following disorders would appropriate nursing intervention include: no intramuscular injections, no aspirin, and avoiding situations where injury might occur:
  - A. Hemophilia
  - B. Deep venous thrombosis
  - C. Polycythemia vera
  - D. Multiple myeloma
- 20. The nurse evaluates the patency of an AV graft by
  - A. Palpating for pulses distal to the graft site
  - B. Auscultating for the presence of a bruit at the site
  - C. Evaluating the color and temperature of the extremity
  - D. Assessing for the presence of numbness and tingling distal to the site

## SHORT ANSWER QUESTIONS (40 MARKS)

- 1. State three (3) causes of post renal acute kidney failure (6 marks)
- 2. Explain any four (4) types of anemia (8marks)
- 3. Outline the management of a patient with psoriasis (8 marks)
- 4. Compare and contrast hemodialysis and peritoneal dialysis (10 marks)
- 5. Explain any four (4) clinical manifestations of a patient with acute myeloblastic leukemia (8 marks)

## LONG ANSWER QUESTIONS (40 marks)

- 1. Mr. Tee, a 45-year-old male patient with end stage renal disease is scheduled for kidney transplant in two weeks' time. Describe the perioperative care of Mr. Tee. (20marks)
- 2. Mrs. Jay sustained 53% full thickness to her face, chest, and upper extremities after a stove explosion accident while she was preparing her supper.
  - a. State the classify of burns according to thickness (6 marks)
  - b. Using the nursing process, describe the management of Mrs. Jay (12 marks)
  - c. Explain two complications that Mrs. Jay can sustain (2 marks)