

**NCN 326** 

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# (University of Choice) MASINDE MULIRO UNIVERSITY OF SCIENCE AND TECHNOLOGY (MMUST)

# UNIVERSITY EXAMINATIONS 2021/2022 ACADEMIC YEAR

THIRD/SECOND YEAR SECOND TRIMESTER EXAMINATIONS

# FOR THE DEGREE

BACHELOR OF SCIENCE IN NURSING SEPTEMBER 2020 DIRECT ENTRY/UPGRADING JANUARY 2020 GROUP

COURSE CODE : NCN 326

COURSE TITLE : GYNAECOLOGY NURSING

DATE:

22/04/2022

TIME: 8AM-11AM

## INSTRUCTIONS TO CANDIDATES

This paper has three sections A,B,C

All Questions Are Compulsory

TIME: 3 HOURS

MMUST observes ZERO tolerance to examination cheating

#### SECTION: A MCQS

#### 20 MARKS

- 1. Which of the following glands is responsible for secreting Gonadotropin- release hormone
  - A. Thalamus
  - B. Hypothalamus
  - C. Anterior Pituitary gland
- D. Posterior pituitary gland
- 2. During which cycle day of a typical 28 menstrual cycle does the follicular phase occur?
  - A. 7-14
  - B. 14-28
  - C. 1-6
  - D. 1-13
- 3. In what stage does the corpus luteum forms
  - A. Luteal phase
  - B. Follicular
  - C. Proliferative
  - D. All stages
- 4. Regarding ectopic pregnancy which is true:
  - A. Bleeding precedes pain
  - B. Shoulder tip pain is an important symptom
  - C. The isthmus of the tube is the commonest site of implantation
  - D. The incidence is higher in women fitted with intrauterine devi
- 5. The commonest surgical procedure used to treat ruptures tubal pregnancy:
  - A. Total hysterectomy
  - B. Salpingostomy
  - C. Salpingectomy
  - D. Salpingo-oophorectomy
- 6. Which of the following statements is true about uterine fibroids (leiomyomata).
  - A. Uterine fibroids are benign tumours of the myometrium present in 25% of women.
  - B. Uterine fibroids are more common in Caucasian women, those with a family history, parous women and those using combined oral contraceptive or injectable progestogens.
  - C. 25% are asymptomatic.
  - D. Around 1% of fibroids are leiomyosarcomata which may result in malignant change.
- 7. Who is at highest risk for getting uterine fibroids?
  - A. Women in their early 30s and 40s
  - B. American women
  - C. Women above 60 years
  - D. Women with multiparities

- 8. What is the most predisposing factor of cervical cancer
  - A. Human Papilloma virus
  - B. Radiation exposure
  - C. Pollution
  - D. Use of intravenous drugs
- 9. Infertility is when a couple fails to conceive after
  - A. 4 years of unprotected sex
  - B. 3 years of unprotected sex
  - C. years of unprotected sex
  - D. 1 year of unprotected sex
- 10. Procedures used to treat infertility are
  - A. ICSI Intracytoplasmic Sperm Injection
  - B. IVF In Vitro Fertilization
  - C. IUI Intrauterine insemination
  - D. All of the above
- 11. A miscarriage occurs before which week of pregnancy?
  - A. 6<sup>th</sup>
  - B. 15<sup>th</sup>
  - C. 38<sup>th</sup>
  - D. 20<sup>th</sup>
- 12. How should the morning after pill be taken?
  - A. two OCP each containing ethinyl oestradiol 50micrograms within 12 hours of sexual intercourse and two more taken at 72 hours post sexual intercourse
  - B. Two such pills taken as a single dose within 72 hours of sexual intercourse
  - C. Two such pills taken within 72 hours of sexual intercourse and two more taken twelve hours later
  - D. Two pills taken at twelve hours post sexual intercourse and two more taken 72 hours later
- 13. What are the health benefits associated with oral contraception?
  - A. Reduction of severe menstrual cramps
  - B. Clearing up acne and improving bone density
  - C. Prevention of certain cancers
  - D. All of the above
- 14. Sexual dysfunction is one category of disorders of sexuality and sexual functioning. The term sexual dysfunction refers to:
  - A. Problems with the normal sexual response cycle
  - B. Sexual urges or fantasies involving unusual sources of gratification problems
  - C. An individual is dissatisfied with their own biological sex and have a strong desire to be a member of the opposite sex.
  - D. Problems with sexual fantasies

- 15. In men, erectile dysfunction is associated with high levels of which of the following?
  - A. Testosterone
  - B. Prolactin
  - C. Estrogen
  - D. Prostaglandin
- 16. Which type of vaginal fistula connects the vagina to the bladder?
  - A. Colovaginal
  - B. Enterovaginal
  - C. Vesicovaginal
  - D. Urethrovaginal
- 17. What is a fistula?
  - A. A normal connection between two or more organs
  - B. An abnormal growth in the lungs
  - C. An abnormal passageway between anatomy that is not normally joined together
  - D. A type of hear value issue
- 18. Which of the following is a common symptom in women with vaginal or uterine prolapse?
  - A. Excessive moisture in the vaginal mucosa
  - B. Upper back pain
  - C. Urinary incontinence
  - D. Diarrhea
- 19. What is the correct order to the phases of the sexual response cycle?
  - A. Sexual attraction or arousal, excitement phase, plateau phase, orgasm, resolution phase
  - B. Sexual attraction or arousal, excitement phase, orgasm, plateau phase, resolution phase
  - C. Sexual attraction or arousal, excitement phase, orgasm, resolution phase, plateau phase
  - D. Plateau phase, excitement phase, orgasm, resolution phase, sexual attraction or arousal
- 20. Which of the following statements correctly describes one of the three physiologic differences between male and female orgasms?
  - A. The male is capable of rapidly successive orgasms
  - B. The female is capable of rapidly successive orgasms
  - C. The duration of the female orgasm is shorter than that of the male orgasm
  - D. The female experiences emission and ejaculation, but to a lesser extent than the male

#### SHORT ANSWER QUESTIONS (SAQS)

40 MARKS

- Draw a well labeled diagram of uterus showing areas of ectopic pregnancy
   (6marks)
- 2) Describe the mode of action of combined oral contraceptives pills (6marks)
- 3) State six causes of heavy menstrual bleeding (6marks)
- 4) Describe three (3) causes of infertility (6 marks)
- 5) State the four (4) Medical Eligibility criteria in Family planning (4 marks)
- 6) State six (6) investigations done to client with a gynecological disorders (6 marks)
- 7) Explain three (3) risk factors to development of fistulae (6marks)

### LONG ANSWER QUESTIONS (LAQS)

**40 MARKS** 

- 1. The abortion rate for Kenya is estimated to be 55 per 1000 women of reproductive age, this rate is very high when compared to other rates in Africa
  - a) State six (6) types of abortion

(6 marks)

- b) Explain how you will manage a client who present with threatened abortion at 6 weeks until discharge (14 marks)
- 2. Describe the five (5) types of Natural family planning Methods (20 marks)