



**MASINDE MULIRO UNIVERSITY OF
SCIENCE AND TECHNOLOGY
(MMUST)**

MAIN CAMPUS

UNIVERSITY EXAMINATIONS

2020/2021 ACADEMIC YEAR

FIRST YEAR, THIRD TRIMESTER EXAMINATIONS

FOR THE DEGREE

OF

BACHELOR OF SCIENCE IN PHYSIOTHERAPY

COURSE CODE: BSP 114

COURSE TITLE: PSYCHOLOGY & HUMAN DEVELOPMENT

DATE: THURSDAY 28TH JANUARY 2021

TIME: 2.00-5.00 PM

INSTRUCTIONS TO CANDIDATES

Answer all Questions

Sec A: Multiple Choice Questions (MCQ) 20 Marks

Sec B: Short Answer Questions (SAQ) (40 marks)

Sec C: Long Answer Questions (LAQ) (40 marks)

TIME: 3 Hours

MMUST observes ZERO tolerance to examination cheating

This Paper Consists of 2 Printed Pages. Please Turn Over.

Section A (50Marks)

1. Define clinical psychology and human development (2Marks)

2. State and explain the 4 theories of personality (8 Marks)
3. Sigmund Freud compared the human mind to an iceberg divided into three parts, state and explain the three parts (6Marks).
4. State and explain three types of anxiety (6Marks)
5. State and explain three defense mechanisms (6 Marks)
6. Define the following words
 - Attitude (2Marks)
 - Belief (2Marks)
 - Value (2Marks)
7. State three theories of Motivation (6Marks)
8. Define Psychosis (2Marks)
9. Define Counselling (2 Marks)
10. List six professionals who use counselling in their work (6 Marks)

SECTION B (20 Marks) Answer any two.

1. Tabulate any 5 Erikson's psychosocial crisis stages (10 Marks)
2. State and explain five causes of stress (10 Marks)
3. State and explain 5 signs and Symptoms of Substance abuse (10 Marks)