



(UNIVERSITY OF CHOICE)

**MASINDE MULIRO UNIVERSITY OF SCIENCE AND
TECHNOLOGY (MMUST)**

UNIVERSITY EXAMINATIONS

2021/2022 ACADEMIC YEAR

SECOND YEAR SECOND SEMESTER EXAMINATIONS

SPECIAL/ SUPPLEMENTARY EXAM

FOR

**THE BACHELOR OF EDUCATION DEGREE
(EARLY CHILDHOOD EDUCATION)**

COURSE CODE: ECD 407

COURSE TITLE: MATERNAL AND CHILD NUTRITION

DATE: 1ST AUG. 2022

TIME: 2:00 – 4:00 PM

INSTRUCTIONS TO CANDIDATES

Answer Question **One** and any other **Two** questions

TIME: 2 Hours

MMUST observes ZERO tolerance to examination cheating

**SECTION A (ANSWER ALL QUESTIONS IN THIS SECTION
(COMPULSORY)**

Question 1

- (a) Identify the sign and symptoms of Kwashiorkor (10 marks)
- (b) Explain why it is important for a preschool teacher to study maternal child health care (10 marks)
- (c) Describe the effects of malnutrition in child development (10 marks)

Question 2

- (a) Assess the approaches in prevention and health promotion strategies at home and in ECD center (10 marks)
- (b) Explain ten points in the nutritional needs of toddlers and preschoolers (10 marks)

Question 3

- (a) Describe the causes of advance food reactions (10 marks)
- (b) Explain the importance of controlling use of snacks before the main meals (10 marks)

Question 4

- (a) Analyze the importance of vaccination of children need 0-5 years (10 marks)
- (b) State the Importance of proper nutrition during pregnancy (10 marks)

Question 5

- (a) Design a one week balanced diet for HIV/AIDS infected children (10 marks)
- (b) Explain the importance of nutrition education to an ECD teacher (10 marks)