



(University of Choice)

**MASINDE MULIRO UNIVERSITY OF
SCIENCE AND TECHNOLOGY
(MMUST)**

(MAIN CAMPUS)

**UNIVERSITY SPECIAL/SUPPLEMENTARY EXAMINATIONS
2021/2022 ACADEMIC YEAR**

**SECOND YEAR FIRST SEMESTER
SPECIAL/SUPPLEMENTARY EXAMINATIONS**

**FOR
THE DIPLOMA
IN COMMUNITY HEALTH AND DEVELOPMENT**

COURSE CODE: CHD 316

COURSE TITLE: HEALTH PROMOTION

DATE: 29/7/2022

TIME: 8.00-10.00 AM

INSTRUCTIONS:

Answer all questions in Section A AND any two questions in Section B

TIME: 2 Hours

MMUST observes ZERO tolerance to examination cheating

This Paper Consists of 2 Printed pages. Please Turn Over.

Section A: SHORT ANSWER QUESTIONS (40 MARKS) – answer all questions

1. Differentiate between Health Promotion and Health Education (4MKS)
2. Define the term Health and give its **FOUR** dimensions in which WHO has identified it with (4MKS)
3. Outline **FOUR** Social determinants of health (4MKS)
4. Briefly outline why the Community is an important setting for health education and promotion (4MKS)
5. Outline **FOUR** roles of Health Promotion at Community level (4MKS)
6. List **FOUR** key elements of Ottawa Charter for Health Promotion (4MKS)
7. List at least **FOUR** benefits of health education and promotion in a community (4MKS)
8. Outline **FOUR** strategies in health promotion (4MKS)
9. Describe why understanding Community values and norms is of importance in health education and promotion (4MKS)
10. State why workplace health education and promotion is important (4MKS)

SECTION B: LONG ANSWER QUESTIONS (30 MRKS)- answer only two questions

11. Discuss SEVEN principles of Learning and Teaching used in Health Education and Promotion (15MKS)
12. a) Define the term Health (3MKS)
b) Describe the THREE Levels of disease prevention in health promotion and education (12MKS)
13. Describe the steps that are involved in designing an effective Health Education programme to address Health concern in a Community set-up (15 MKS).