



(University of Choice)

**MASINDE MULIRO UNIVERSITY OF
SCIENCE AND TECHNOLOGY
(MMUST)**

MAIN CAMPUS

**UNIVERSITY EXAMINATIONS
2022/2023 ACADEMIC YEAR**

**FIRST YEAR SECOND SEMESTER EXAMINATIONS
FOR THE DEGREE**

OF

**MSC. PUBLIC HEALTH NUTRITION & MSC. MEDICAL
DIETETICS**

COURSE CODES: PHN 885 & HMD 803

COURSE TITLE: GRADUATE SEMINARS AND WORKSHOPS

DATE: 13/4/2023

TIME: 8 - 11AM

INSTRUCTIONS TO CANDIDATES

Answer FOUR (4) questions. Question 1 is compulsory

TIME: 3Hours

MMUST observes ZERO tolerance to examination cheating

This Paper Consists of 3 Printed Pages. Please Turn Over.

There are five (5) Questions.

Answer only Four (4) Questions. Question One is compulsory (60 Marks)

Question 1. You work with a newly established Public Health organization as a Community Nutritionist. You are tasked with conducting an in-service training for 15 members of staff to acquire skills in improving quality of life through dietary diversity. The best approach is to organize a workshop.

- a) State your goal and objectives for the workshop.(2marks)
- b) State the number of activities and stages that are involved in preparing the workshop.(4 Marks)
- c) Discuss the workshop venue, facilitators, budget, time frame, and workshop evaluation.(6 Marks)
- d) Assume you will provide an introduction during the actual workshop. Give a brief outline for your introduction to the workshop. (3 Marks)

Question 2. Conferences are used to bring together people with common interests to discuss issues and ideas relating to a specific topic. In order to be successful, a conference requires intensive time, planning, and resources. Briefly discuss how you might help organize for a National Public Health Conference in your county by answering the following questions:

- a) Why organize a conference? (2 Marks)
- b) Who might organize a conference? (3 Marks)
- c) When should you organize a conference? (2 Marks)
- d) How do you organize a conference? (6 Marks)
- e) Give a brief report of a conference you attended during the Semester you were enrolled in this course. (2 Marks)

Question 3. You were recently hired as a Project Director of an international agency supporting and mentoring young dietitians and nutritionists to build capacity for their professional development and career progress. You have been tasked with designing and planning an introductory seminar for 20 participants.

- a) How will you go about planning the seminar? What will be the title, the objectives, content of the Seminar, key speakers, seating arrangement, etc. ? (8 Marks)
- b) Distinguish between a seminar and a workshop. (3 Marks)
- c) Briefly outline the importance or gains of subjecting MSc. students to seminar presentations in the course of their programme.(4Marks)

Question 4. You work as a public health dietitian providing health services to a county in Western Kenya. As part of a diabetes prevention program, you and the County Health Team work to promote the region's growing of traditional foods, indigenous vegetables and fish-based diet. Your current role is to design a Tool to sensitize the population and to carry out public health needs assessment focusing on accessibility of traditional foods in public institutions such as schools and hospitals.

- a) Explain how you are going to organize a workshop for the County Health Team to help you design the Tool.(3 Marks)
- b) Outline the Workshop theme, agenda, resource persons and logistics to design a needs assessment tool focusing on accessibility of traditional foods in public health institutions such as schools and hospitals. (10 Marks)
- c) Explain how you will evaluate the success of the workshop. (2 Marks)

Question 5. You have been hired by an International outreach programme and your first assigned task is to organize an event to launch an intervention program in foods and nutrition: Improving Nutrition and Well-being of the population.

- a) Create a theme for the event. (1Mark)
- b) List a minimum of three objectives for the event. (2 Marks)
- c) Outline how you will organize and manage the event. This should include venue, the target, the timetable, development of operational and contingency plans, and assessment of resources (10 Mks)
- d) How will you monitor, evaluate and celebrate your success? (2 Marks)