



*(University of Choice)*

**MASINDE MULIRO UNIVERSITY OF  
SCIENCE AND TECHNOLOGY  
(MMUST)**

**MAIN CAMPUS**

**UNIVERSITY EXAMINATIONS  
2019/2020 ACADEMIC YEAR**

**FOURTH YEAR FIRST SEMESTER EXAMINATIONS**

**FOR THE DEGREE  
OF  
BACHELOR OF SCIENCE MEDICAL LABORATORY SCIENCES  
MAIN EXAM**

**COURSE CODE: BMB 412**

**COURSE TITLE: THERAPEUTIC DRUG MONITORING AND  
TOXICOLOGY**

**DATE: 8<sup>TH</sup> DECEMBER 2020**

**TIME: 8.00 -10.00AM**

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**INSTRUCTIONS TO CANDIDATES**

**SECTION A: multiple choice questions (MCQs)**

1. The process where drugs are generally converted to more polar, water soluble molecules through enzymatic reaction is called?
  - a. protein-binding
  - b. therapeutic range
  - c. intravenously
  - d. biotransformation
  
2. In monitoring drug therapy, a clinician should be aware that a synergistic drug effect is?
  - a. an effect greater than the sum of the separate actions of two or more drugs
  - b. an increase in the action of one of the two drugs being given
  - c. a neutralizing drug effect
  - d. a comprehensive drug effect
  
3. Which of the following statements is true concerning the renal excretion of drugs?
  - a. drugs that are ionized in the renal tubule are more likely to undergo passive reabsorption than those that are unionized
  - b. low-molecular-weight drugs are much more likely to be actively secreted than filtered
  - c. only drug that is not bound to plasma proteins is filtered by the glomerulus.
  - d. decreasing renal tubular fluid pH will increase elimination of weakly acidic drugs
  
4. A neonate is given drug A, a compound with a high affinity for plasma proteins, in a dose that does not exceed the binding capacity of albumin. Later, a second drug, B that also binds strongly to albumin, is given in amounts that greatly exceed albumin's binding capacity. Which of the following statements is true?
  - a. The free plasma concentration of drug A is decreased
  - b. The relative free drug concentration of both compounds is unchanged
  - c. The concentration of drug A in tissues is likely to be increased
  - d. The concentration of drug A in tissues is likely to be decreased
  
5. If a patient takes a drug on an empty stomach, the drug will be:
  - a. absorbed more slowly
  - b. neutralized by pancreatic enzymes
  - c. affected by enzymes in the colon
  - d. absorbed more rapidly
  
6. Which route of drug administration is most likely to subject a drug to first pass effect?
  - a. intravenous
  - b. inhalational

- c. oral
  - d. sublingual
7. The half-life of drug F is 40 hours and is being given to a patient once daily; steady state will be reached shortly following which DOSE?
- a. 1st dose
  - b. 3rd dose
  - c. 5th dose
  - d. 8th dose
8. If a drug is highly bound to plasma proteins, it:
- a. has a large volume of distribution
  - b. has a high renal clearance
  - c. is a likely candidate for drug interactions
  - d. is most likely carried by alpha-glycoprotein
9. Most drugs gain entry to cells by:
- a. passive diffusion with zero-order kinetics
  - b. passive diffusion with first-order kinetics
  - c. active transport with zero-order kinetics
  - d. active transport with first-order kinetics
10. Which of the following is an agent useful in the treatment of severe poisoning by organophosphorus insecticides, such as parathion?
- a. ethylenediaminetetraacetic acid (edta)
  - b. pralidoxime (2-pam)
  - c. *n*-acetyl-l-cysteine
  - d. carbachol
11. Of the following, which is not a manifestation of chronic poisoning with zinc?
- a. anemia
  - b. encephalopathy
  - c. fever
  - d. decreased amylase secretion
12. The mobile phase in high performance liquid chromatography should:
- a. have high viscosity
  - b. react with column material
  - c. chemically inert
  - d. insoluble
13. In HPLC analysis the retention volume ( $t_r$ ) is:
- a. distance between each side of a peak
  - b. time elapsed between the injection point and the dead point
  - c. is the highest point of the peak
  - d. volume of mobile phase passed through the column between the injection point and the peak maximum
14. The following are limitations of colorimetric assays except:

- a. compounds with similar functional groups will produce similar colours
  - b. colour description is very subjective even in people with normal colour
  - c. colour produced usually vary in intensity or hue with concentration and may be unstable
  - d. colorimetric assays are relatively easy and cheap to perform
15. Unbound blood drug concentration refers to:
- a. minimum effective concentration
  - b. peak concentration
  - c. the concentration of drug in serum and plasma that is free and not bound to proteins
  - d. total drug concentration
16. Therapeutic drug monitoring is indicated if:
- a. drug efficacy is difficult to establish clinically
  - b. toxicity is suspected
  - c. inadequate therapeutic response
  - d. therapeutic effects can be measured using functional laboratory tests
17. The therapeutic range of carbamezipine is
- a. 4-10 $\mu$ g/ml
  - b. 40-100 $\mu$ g/ml
  - c. 50-100 $\mu$ g/ml
  - d. 4-10mg/ml
18. The therapeutic range of digoxin is:
- a. 4-10 $\mu$ g/ml
  - b. 0.9-2ng/ml
  - c. 0.9-2 $\mu$ g/ml
  - d. 2.5-20 $\mu$ g/ml
19. The therapeutic range of procainamide is:
- a. 4-12 $\mu$ g/ml
  - b. 0.9-2ng/ml
  - c. 0.9-2 $\mu$ g/ml
  - d. 2.5-20 $\mu$ g/ml
20. The therapeutic range of lidocaine is:
- a. 4-12 $\mu$ g/ml
  - b. 0.9-2ng/ml
  - c. 1.5-5 $\mu$ g/ml
  - d. 2.5-20 $\mu$ g/ml

**SECTION B: SAQs: 40 marks; answer all**

1. Describe three mechanisms via which drug and toxic substance permeate membranes  
(6 marks)
2. Describe the two phases drug/toxin metabolism (8 marks)

3. Illustrate the general algorithm used in analysis of samples from suspected poisoning cases **(8marks)**
4. List **FIVE** main biological samples collected for toxicological and therapeutic drug analysis **(5 marks)**
5. Explain how physical examination of patient's urine and stomach contents can provide leads for confirmatory analysis and identification of poisons **(6marks)**
6. Give **FOUR** limitations of colorimetric tests in analysis and identification of toxic substances **(4marks)**
7. Define the following terms: **(4 marks)**
  - a. Loading dose
  - b. Steady state concentration
  - c. Trough concentration
  - d. Area under the curve (AUC)

**SECTION C: LAQs: Answer all (60 marks)**

1. Describe the standard steps followed during analysis of therapeutic monitoring analysis **(20marks)**
2. Describe the following methods and their applications in therapeutic drug monitoring **(20 marks)**
  - a. Particle Enhanced Turbidimetric Inhibition Immunoassay (PETINIA)
  - b. Radioimmunoassay (RIA)
  - c. Enzyme Multiplied Immunoassay Technique (EMIT)
  - d. Fluorescence Polarization Immunoassay ( FPIA)
  - e. Cloned Enzyme Donor Immunoassay (CEDIA)
3. Using five specific examples discuss the therapeutic drug monitoring of **antiarrhythmic drugs**, under the following headings: goals, sample type, sample timing, analytical method, therapeutic ranges **(20 marks)**