



*(University of Choice)*

**MASINDE MULIRO UNIVERSITY OF  
SCIENCE AND TECHNOLOGY**

**(MMUST)**

**MAIN CAMPUS**

**UNIVERSITY EXAMINATIONS**

**MAIN EXAMINATION**

**2022/2023 ACADEMIC YEAR**

**First Year Second Semester**

**EXAMINATIONS FOR THE DEGREE IN HEALTH PROMOTION AND SPORT  
SCIENCE**

**COURSE CODE: HSS 112**

**COURSE TITLE: PLANNING COMMUNITY HEALTH PROGRAMS**

**DATE: TUESDAY, 11<sup>TH</sup>.APRIL, 2023**

**TIME: 12.00-2.00P.M.**

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**INSTRUCTIONS TO CANDIDATES:**

**ANSWER QUESTION ONE AND ANY OTHER TWO QUESTIONS.**

**TIME: 2 Hours**

MMUST observes ZERO tolerance to examination cheating



### **QUESTION ONE**

- a) Explain the following concepts
  - i. Planning (2marks)
  - ii. Community(2marks)
  - iii. Assessment(2marks)
  - iv. Implementation (2marks)
  - v. evaluation (2marks)
- b) explain ten basic requirements for a sound Primary Health Care (20 marks )

### **QUESTION TWO**

Discuss **FIVE** principles of primary health care (20 marks)

### **QUESTION THREE**

Explain the process of monitoring a community health program (20marks)

### **QUESTION FOUR**

Explain the role of community health workers in supporting community health programmes (20marks)

### **QUESTION FIVE**

Explain **TEN** challenges facing health promotion activities in the community (20marks)