



**MASINDE MULIRO UNIVERSITY OF  
SCIENCE AND TECHNOLOGY  
(MMUST)  
MAIN CAMPUS**

**UNIVERSITY EXAMINATIONS  
2022/2023 ACADEMIC YEAR**

**FIRST YEAR SECOND SEMESTER MAIN EXAMINATIONS  
FOR THE DEGREE**

**OF**

**MASTERS OF PUBLIC HEALTH NUTRITION**

**COURSE CODE: PHN 883**

**COURSE TITLE: MASTERS IN PUBLIC HEALTH NUTRITION  
MAINSTREAMING**

**DATE: 18/04/2023**

**TIME: 2pm-5pm**

**INSTRUCTIONS TO CANDIDATES**

**ANSWER QUESTION ONE WHICH IS COMPULSORY, AND ANY OTHER THREE  
QUESTIONS. (THIS EXAM CARRIES A TOTAL OF 70 MARKS).**

**TIME: 3Hours**

MMUST observes ZERO tolerance to examination cheating

This Paper Consists of 2 Printed Pages. Please Turn Over.

1. Design a Public Health Nutrition programme and outline the programme implementation plan (PIP).
2. Describe a Public Health Nutritionist, outlining roles and responsibilities and the expected competencies.
3. Discuss mainstreaming of Public Health Nutrition in Health Programs and give one successful example of mainstreamed programme in Kenya or elsewhere.
4. Define nutrition advocacy. What are the four steps in nutrition advocacy planning process?
5. Describe a Policy, giving examples of local and International Public Health Nutrition.
6. Elaborate on the framework that creates two broad categories of professionals (the Nutritionist and the Dietician) in Kenya; draw a flow chart that indicates the professional paths for Nutritionist and Dietician clearly indicate where the public health Nutritionist is placed.