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*(University of Choice)*

MASINDE MULIRO UNIVERSITY OF SCIENCE AND TECHNOLOGY

(MMUST)

MAIN CAMPUS

UNIVERSITY EXAMINATIONS

MAIN EXAM

2023/2024 ACADEMIC YEAR

FIRST YEAR FIRST SEMESTER EXAMINATION

FOR THE DEGREE OF BACHELOR OF SCIENCE IN COMMUNITY HEALTH AND  
DEVELOPMENT

COURSE CODE: PPC/HCD 117—

COURSE TITLE: INTRODUCTION TO PSYCHOLOGY

DATE: 6/12/2023-

TIME: 2.00-4.00 PM

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**INSTRUCTIONS TO CANDIDATES:**

Answer ALL questions in Section A and Any TWO questions in section B  
TIME: 2 Hours

MMUST observes ZERO tolerance to examination cheating

Paper Consists of 2 Printed Pages. Please Turn Over



## SECTION A: ANSWER ALL QUESTIONS

- Q1. Differentiate between structuralism and self-actualization concepts in psychology(4mks).
- Q2. Distinguish between cognition and emotion as used in psychology(4mks)
- Q3. Psychology is the study of the mind and behavior, while social psychology is———  
(4mks).
- Q4. State four aspects of the unconscious mind according to psycho-analytic theory of Sigmund Freud(4mks)
- Q5. Highlight four milestone achieved during the Arden House conference of 1983 on the health psychology(4mks).
- Q6. Identify four social determinants of personality (4mks).
- Q7. Name four types of personality that a health educator may make use of during community health campaign(4mks)
- Q8. State four ways in which a community health educator may apply the knowledge gained in psychology to carry out his/her work(4mks).
- Q9. Name four characteristics of the Drive theory of anxiety(4mks).
- Q10. During a community health education forum, you noticed a client showing signs of panic attack. Identify four counselling techniques that may be used to help the client deal with the situation

## SECTION B: ANSWER ANY TWO QUESTIONS

- Q11. Learning theories are essential to a community health educator due to positive communication outcomes between the educator and the client. Discuss this statement in the light of education learning theories(15mks).
- Q12, discuss ways in which the application of historical contributions of philosophers like Wundt has influenced practice of modern day health psychology(15mks)
- Q13. Analyze the theories of motivation that shapes a person's behavior and interpersonal relationships in the work place(15mks)