



(University of Choice)

**MASINDE MULIRO UNIVERSITY OF
SCIENCE AND TECHNOLOGY
(MMUST)**

MAIN CAMPUS

SPECIAL/SUPPLEMENTARY UNIVERSITY EXAMINATIONS

2018/2019 ACADEMIC YEAR

FIRST YEAR SECOND SEMESTER EXAMINATIONS

MAIN EXAMINATION

MASTER OF SCIENCE IN DISASTER MANAGEMENT AND HUMANITARIAN ASSISTANCE

COURSE CODE: DEM 802

COURSE TITLE: POST DISASTER CARE AND COUNSELLING

DATE: 23/9/2019

TIME: 2 – 5PM

INSTRUCTIONS TO CANDIDATES

Answer any THREE (3) questions

All questions contain the same marks

TIME: 3 HOURS

MMUST observes ZERO tolerance to examination cheating

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This Paper Consists of 2 Printed Pages. Please Turn Over.

QUESTION ONE

Peer Counselling has been rooted as a viable option to deal with drug and substance abuse among youths.

- i. Discuss any seven desired attributes that peer counsellors should embrace. (15 MARKS)
- ii. List five questions to consider prior to engaging in a counselling session. (5 MARKS)

QUESTION TWO

Psycho-social support is a neglected component of post-traumatic care in most global humanitarian interventions. As a humanitarian expert, discuss factors behind this professional gap and how best it may be mitigated. (20 MARKS)

QUESTION THREE

Trauma is an inevitable consequence of a disaster. Succinctly explain the concept Trauma, associated phases of traumatic stress and required intervention measures.

(20 MARKS)

QUESTION FOUR

With specific and appropriate examples, discuss any five diseases that emanate from disasters, briefly outlining their mitigation and or prevention.

(20 MARKS)

QUESTION FIVE

As an expert in Disaster Management and Humanitarian Assistance, you have been invited as a lead consultant to guide undergraduates during careers week on how to deal with mental health.

Sketch a road map/plan of your presentation, clearly outlining what is mental health, common mental health issues affecting comrades and a brief explanation about their mitigation and or prevention.

(20 MARKS)