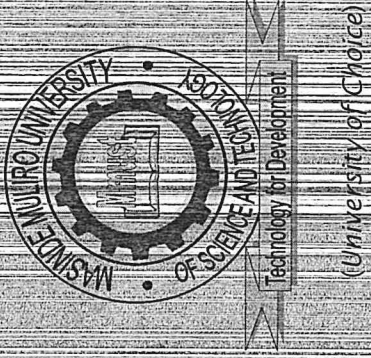


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**MASINDE MULIRO UNIVERSITY OF SCIENCE
AND TECHNOLOGY**
UNIVERSITY EXAMINATIONS
2021/2022 ACADEMIC YEAR

FIRST YEAR FIRST SEMESTER EXAMINATIONS
MAIN EXAMINATION

FOR
THE DIPLOMA IN EDUCATION

COURSE CODE: EYE 012

**COURSE TITLE: HEALTH PRACTICES AND HEALTH
EDUCATION**

DATE: 20/04/2022

TIME: 12:00 - 2:00 PM

INSTRUCTIONS TO CANDIDATES

Answer Question ONE and any other TWO Questions

MMUST observes ZERO tolerance to examination cheating

SECTION ONE

Question 1 (Compulsory)

a) Explain the following terms as used in health practices and health education.

- i) Health (1mk)
 - ii) Deficiency (1mk)
 - iii) Food security (1mk)
- b) State FOUR symptoms of goiter (4mks)
- c) Explain TWO types of children needs (4mks)
- d) Describe FOUR deficiency of protective foods (8mks)
- e) List the FIVE importance of Immunization (5mks)
- f) State SIX danger signs of pregnancy (6mks)

SECTION TWO

Question 2

- a) Discuss FIVE strategies to improve the health and nutrition of the child and family (10mks)
- b) A local NGO intends to promote ECD children. Discuss the main deficiency disorders prevalent in your area (10mks)

Question 3

- a) Discuss principles applied to the rights of a child according to the UNCRC 1989 (10mks)
- b) Discuss signs and symptoms of the following infections and ways of prevention (10mks)

i) Chicken pox

ii) Scabies

iii) Ring worm

Question 4

- a) Discuss the importance of food security and the causes of food shortage (10mks)
- b) Assess the challenges faced by young children in refugee camps in Kenya (10mks)

Question 5

As an ECDE teacher, you have been invited to talk to young parents on immunization. Discuss the immunizable diseases and state the importance of immunization. (20mks)