



(University of Choice)

**MASINDE MULIRO UNIVERSITY OF
SCIENCE AND TECHNOLOGY
(MMUST)**

**UNIVERSITY EXAMINATIONS
2021/2022 ACADEMIC YEAR
FIRST YEAR SECOND SEMESTER EXAMINATIONS**

MAIN EXAMINATION

FOR

**THE DEGREE OF MASTER OF EDUCATION
(EDUCATIONAL PSYCHOLOGY)**

COURSE CODE: PSY 816

COURSE TITLE: GUIDANCE AND COUNSELLING

DATE: 21/04/2022

TIME: 9:00 AM – 12:00 PM

INSTRUCTIONS TO CANDIDATES

Answer four (4) questions.



MMUST observes ZERO tolerance to examination cheating

This Paper Consists of 2 Printed Pages. Please Turn Over.

- Q1.(a)Discuss the various legal and ethical issues to be taken into consideration during counselling (8 marks)
- b) Elucidate the role of guidance personnel in promoting and preserving mental health. (7 marks)
- Q2. Discuss the techniques of rational emotive therapy. (15 mks)
- Q3.a) What do you mean by counselling?.(2marks).
- b) Citing relevant examples, explain different types of counselling (13marks)
- Q4a). Define behavioral counselling.(2marks)
- b). Discuss the techniques of behavioral counselling.(13marks)
- Q5. Career guidance is helpful in overcoming burn out. Justify. (15 marks)
- Q6.a)What is guidance?(2marks)
- b)Discuss the need and importance of guidance and counselling in educational institutions.(13marks)