

70



**MASINDE MULIRO UNIVERSITY OF
SCIENCE AND TECHNOLOGY
(MMUST)
MAIN CAMPUS
UNIVERSITY EXAMINATIONS
MAIN EXAM
2021/2022 ACADEMIC YEAR**

**FIRST YEAR SECOND SEMESTER EXAMINATION
FOR THE CERTIFICATE IN COMMUNITY HEALTH.**

COURSE CODE: CHD 126

COURSE TITLE: INTRODUCTION TO COMMUNITY NUTRITION.

DATE: 21/4/2022

TIME: 3.00 -5.00PM

INSTRUCTIONS TO CANDIDATES:

Answer all questions in section A and two in section B

TIME: 2 Hours

MMUST observes ZERO tolerance to examination cheating

Paper Consists of 2 Printed Pages. Please Turn Over



SECTION A [ANSWER ALL QUESTIONS IN THIS SECTION]- 40MARKS

1. Define the following terms: (4 marks)
 - a. Community nutrition.
 - b. Nutrition.
 - c. Nutrients.
 - d. Nutritional status.
2. Give any four clinical symptoms of Kwashiorkor. (4 marks)
3. State the causes of malnutrition. (4 marks)
4. Outline the roles of community nutritionist. (4 marks)
5. State four basic tools of food quality control. (4 marks)
6. Highlight four feeding and eating disorders. (4 marks)
7. State the methods of community nutrition assessment. (4 marks)
8. State four types of nutrients. (4 marks)
9. State the advantages of mid-upper arm circumference screening. (4 marks)
10. Outline the dimensions of food security. (4 marks)

SECTION B [ANSWER ANY TWO QUESTIONS]- 30 MARKS.

1. Discuss the methods of dietary assessment. (15 marks)
2.
 - a) Discuss the reasons for food insecurity. (10 marks)
 - b) Discuss five factors to improve food insecurity. (5 marks)
3. Discuss the types of nutrition intervention programs. (15 marks)