



**MASINDE MULIRO UNIVERSITY OF
SCIENCE AND TECHNOLOGY
(MMUST)
MAIN CAMPUS**

UNIVERSITY EXAMINATIONS

2021/2022 ACADEMIC YEAR

THIRD YEAR, SECOND SEMESTER MAIN

EXAMINATION FOR THE DEGREE

OF

B.Sc. HUMAN NUTRITION AND DIETETICS

CODE: HND 313

TITLE: SOCIOLOGY OF HND

DATE: 29/4/2022

TIME: 8-10

INSTRUCTIONS TO CANDIDATES

Answer ALL questions in SECTION A, B and C

- a. Read additional instructions under each subsection**
- b. Enter ALL answers in the answer booklet provided**
- c. Write the university registration number on each piece of paper used.**

MMUST observes ZERO tolerance to examination Cheating
This paper consists FIVE printed Pages. Please Turn Over

SECTION A: Comprises of 10 multiple choice questions each 1mark –total 10marks

1. The social ties that bind a group of people together such as kinship, shared location, or religion is:
 - a. Culture
 - b. Social solidarity
 - c. Society
 - d. Cultural solidarity
2. The philosophical and theoretical frameworks used within a discipline to formulate theories, generalizations, and the experiments performed in support of them are:
 - a. Models
 - b. Social models
 - c. Paradigms
 - d. Social theories
3.are the laws, morals, values, religious beliefs, customs, fashions, rituals, and all of the cultural rules that govern social life.
 - a. Social facts
 - b. Social norms
 - c. Social tacks
 - d. Social tracks
4. Which theoretical perspective help scholars examine the relationship of individuals within their society?
 - a. Symbolic Interactionism
 - b. Conflict theory
 - c. Social theory
 - d. Function theory
5. The view that social researchers should strive for subjectivity as they work to represent social processes, cultural norms, and societal values is
 - a. Figuration
 - b. Anti-positivism
 - c. Manifest functions
 - d. Latent functions
6. A sociologist defines society as a group of people who reside in a defined area, share a culture, and who;
 - a. Interact

- b. Work in the same industry
 - c. Speak different languages
 - d. Practice a recognized religion
7. A symbolic interactionist may compare social interactions to:
- a. Behaviors
 - b. Conflicts
 - c. Human organs
 - d. Theatrical roles
8. Studying Sociology helps people analyze data because they learn:
- a. Interview techniques
 - b. To apply statistics
 - c. To generate theories
 - d. All of the above
9. Berger describes sociologists as concerned with:
- a. Monumental moments in people's lives
 - b. Common everyday life events
 - c. Both a and b
 - d. None of the above
10. The biggest difference between mores and folkways is that
- a. Mores are primarily linked to morality, whereas folkways are primarily linked to being commonplace within a culture
 - b. Mores are absolute, whereas folkways are temporary
 - c. Mores refer to material culture, whereas folkways refer to nonmaterial culture
 - d. Mores refer to nonmaterial culture, whereas folkways refer to material culture

SECTION B: ANSWER ALL QUESTIONS, EACH QUESTION, 6 MARKS (30 MARKS)

11. Outline the key concepts of the family system that influences our dietary intake (6 marks).
12. Explain the role of supermarkets in affecting the dietary choice of the youths in our culture (6 marks)
13. Briefly describe the medicalization of food in the domain of sociology in human nutrition (6 marks)
14. List six causes of eating disorders common in our society (6marks)
15. Explain three paradigms used to understand sociological thinking in sociology (6 marks)

SECTION C: ANSWER ANY TWO QUESTIONS; EACH QUESTION 15 MARKS (30 MARKS)

16. Discuss the influences of gender on food consumption and gender division of the household and food tasks (15 marks).
17. Describe the sociological perspective of obesity with the impact this has on food and nutrition (15 marks)
18. Discuss the characteristics of African Indigenous culture (15 marks)