



**MASINDE MULIRO UNIVERSITY OF
SCIENCE AND TECHNOLOGY
(MMUST)**

MAIN CAMPUS

UNIVERSITY EXAMINATIONS

2020/2021 ACADEMIC YEAR

FOURTH YEAR, FIRST TRIMESTER EXAMINATIONS

FOR THE DEGREE

OF

BACHELOR OF SCIENCE IN PHYSIOTHERAPY

COURSE CODE: BSP 424

**COURSE TITLE: CONTINUOUS PROFESSIONAL
DEVELOPMENT**

DATE: THURSDAY 28TH JANUARY 2021

TIME: 9.00 - 12.00NOON

INSTRUCTIONS TO CANDIDATES

Answer all Questions

Sec A: Multiple Choice Questions (MCQ) (20 Marks)

Sec B: Short Answer Questions (SAQ) (40 marks)

Sec C: Long Answer Questions (LAQ) (40 marks)

TIME: 3 Hours

MMUST observes ZERO tolerance to examination cheating

This Paper Consists of 4 Printed Pages. Please Turn Over.



SECTION A

MULTIPLE CHOICE QUESTIONS

(20 MARKS)

1. The most important thing about continuous professional development is?
 - A. Informal
 - B. Personal
 - C. Mandatory
 - D. Institutional
2. Which of the following is a benefit of employee training?
 - A. Improves morale
 - B. Helps people identify with organizational goals
 - C. Provides a good climate for learning, growth and co – ordination
 - D. Improves finance
3. Which of this is a step in training process?
 - A. KSA deficiency
 - B. Provide proper feedback
 - C. Obstacles in the system
 - D. Use of evaluation models
4. Rearrange the steps in training program of a Physiotherapist.
 - A. What should be the level of training
 - B. What principles of learning
 - C. Who are the trainees?
 - D. What methods and techniques?
 - E. Where to conduct the program?
 - F. Who are the trainers?
 - A. ABCDEF
 - B. DECAFB
 - C. CADFBE
 - D. CFDABE
5. Which action comes first when developing a Physiotherapy program?
 - A. Applying for an educational grant
 - B. Assessing the internal and external environment
 - C. Determining how available resources will be used
 - D. Promoting new services and programs to the targeted employees
6. A Physiotherapy professional development practitioner supports a culture of:
 - A. Creating new models of providing patient care within the health care system
 - B. Deriving outcome data from process improvement implementation
 - C. Identifying total staff numbers taught at organizational educational programs
 - D. Linking needs-assessment data to learner outcomes and institutional goals
7. Research is
 - A. Data gathering
 - B. Moving from a broad area to a narrow and focused area
 - C. A systematic process of finding the truth
 - D. Data gathering, processing and analysis
8. Good piece of research is the product of

- A. A good research library
 - B. Collective scholarship
 - C. A penetrating and analytical mind
 - D. A touch of genius
9. In continuing professional development, a lecture format is most appropriate when the:
- A. Educational material is complex and detailed
 - B. Learning involves attitudes and feelings
 - C. Objective is to achieve long-term retention of knowledge.
 - D. Primary purpose of education is the delivery of information.
10. The primary purpose of providing employees with feedback during a performance appraisal is to motivate employees to
- A. Apply for managerial positions
 - B. Remove any performance deficiencies
 - C. Revise their performance standards
 - D. Enroll in work-related training programs
11. Which statement indicates an accurate assessment of a learning need?
- A. Due to an increase in the state's tuberculosis case rates, a learning activity on tuberculosis transmission is required.
 - B. Our quality review identifies 10 medication errors this month, indicating a need for a class on medication administration.
 - C. The nurses on this unit state that they have never worked with unlicensed assistive personnel before, and need a class on appropriate delegation skills.
 - D. We must teach the staff to use the patient care assignment sheets at the beginning of each shift.
12. Successful physiotherapist require many characteristics. Which of the following characteristics is the MOST important for them to possess?
- A. apathy for patients
 - B. multiple degrees
 - C. strong work ethic
 - D. increasing departmental budgets
13. The _____ is a pattern in which a professional performs one assignment well and then has the confidence to take on an even more difficult assignment.
- A. Avoid-fail syndrome
 - B. Work-peak syndrome
 - C. Competent syndrome
 - D. Success syndrome
14. Which of the following is/are suggestion(s) for creating good first professional impressions?
- A. Act and dress in a flamboyant manner
 - B. Readily pass critical judgment about others
 - C. Dress and look successful
 - D. Talk fast so as not to waste others time
15. Balancing your life among the competing demands of work, _____ and personal interests can help you advance your career. Without balance, a career person runs the risk of _____ and feeling that work is not worthwhile.
- A. Social life, stress

- B. Social life, burnout
 - C. School life, stress
 - D. Social life, depression
16. The Socratic method of developing a competent health professional is known as
- A. Lecture demonstration method
 - B. Discussion method
 - C. Inquiry method
 - D. Question- Answer method
17. Which is not the types of teleconferencing applied in continuing professional development
- A. Audio teleconferencing
 - B. Video teleconferencing
 - C. T.V teleconferencing
 - D. Computer teleconferencing
18. Counseling is a profession that aims at
- A. Promote personal growth and productivity.
 - B. Provide a successful diagnosis in psychopathology.
 - C. Ensure that clients are on the correct medication.
 - D. Solely address behaviour
19. The abbreviation SUPW means
- A. Socially Useful and Productive Work
 - B. Social Upsurge for Progress and Work
 - C. Scientific Utilization for People and World
 - D. Solution of Utilitarian Problems of Work
20. A principal is about to take over the leadership of a low-performing institution. One of the principal's first goals will be to evaluate teacher quality in the institution. The principal can best **begin** this process by:
- A. Arranging to observe instruction in each classroom.
 - B. Interviewing each teacher about his or her teaching practices.
 - C. Comparing student grades in each subject area across classrooms.
 - D. Having each teacher complete a teaching self-evaluation.

SECTION B

SHORT ANSWER QUESTIONS (40 MARKS)

1. Describe the two types of development activities in CPD. (10 Marks)
2. Describe the 5 steps of career planning. (10 Marks)
3. Continuous professional development is a very important entity in physiotherapy education, however there are perceptions to it. Highlight any 5 perceptions. (10 Marks)
4. Describe any 5 tips on how to write and publish an academic research paper. (10 Marks)

SECTION C

LONG ANSWER QUESTIONS (Choose any 2 questions) (40 MARKS)

1. Discuss the continuous professional development process and steps. (20 Marks)
2. Discuss the barriers to continuous professional development in the Kenyan context. (20 Marks)
3. You are a new graduate from Masinde Muliro University and have been sent to Kijabe Orthopedic Hospital, develop a strategic plan for self and professional development. (20 Marks)

