



(University of Choice)

**MASINDE MULIRO UNIVERSITY OF
SCIENCE AND TECHNOLOGY
(MMUST)**

(MAIN CAMPUSES)

**UNIVERSITY EXAMINATIONS
2022/2023 ACADEMIC YEAR**

**FOR THE MASTER OF COMMUNITY HEALTH AND
DEVELOPMENT**

COURSE CODE: PHP 822

COURSE TITLE: SOCIAL DIMENSIONS IN HEALTH

DATE: 14TH DECEMBER 2022

TIME: 8.00AM-11.00AM

INSTRUCTIONS TO CANDIDATES:

CANDIDATE SHOULD ANSWER ANY FIVE QUESTIONS

1. Human behaviour, especially health behaviour, is complex and not always readily understood. It is driven in part by thoughts and feelings, in addition, it is an insight into individual psyche. Using a health example discuss how values and norms are likely to influence human behavior. (20marks)
2. Human behavior is experienced throughout an individual's entire lifetime. Discuss the five possible types of health behavior an individual is likely to show. (20marks)

3. The concept of prevention is best defined in the context of levels, traditionally called primary, secondary and tertiary prevention. Using an example discuss the three levels of prevention. (20marks)

4. It should not be assumed that individuals are always knowledgeable about an appropriate health behaviour, but neither should it be assumed that knowledge will guarantee changes in behaviour . Use relevant examples to support your arguments (20 marks)

5. Behaviour change is complex and may be influenced by several factors. Discuss how the following factors are likely to influence health behavior (20 marks)
 - a) Predisposing factors
 - b) Enabling factors
 - c) Reinforcing factors

6. Health promotion appreciates the contribution of culture to the richness of human experience. This must be taken into account in developing effective health promotion intervention. Discuss the relevance of culture in health promotion (20marks)