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**MASINDEMULIROUNIVERSITY OF  
SCIENCE AND TECHNOLOGY  
(MMUST)**

MAIN CAMPUS

**UNIVERSITY EXAMINATIONS**

**2020/2021 ACADEMIC YEAR**

**MAIN EXAM**

**2ND YEAR SECOND SEMESTER**

**EXAMINATION FOR THE DIPLOMA IN SPORTS ADMINISTRATION  
AND MANAGEMENT**

**COURSE CODE: HSS 082**

**COURSE TITLE: NON-COMMUNICABLE DISEASES**

**DATE: FRIDAY, 21/4/2023**

**TIME: 2.00-4.00 P.M**

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INSTRUCTIONS TO CANDIDATES  
ANSWER QUESTION ONE AND ANY OTHER TWO

TIME: 2 Hours

MMUST observes ZERO tolerance to examination cheating

This Paper Consists of 2 Printed Pages. Please Turn Over



1. a) Define the following (6mks)

- i. Non-communicable diseases
- ii. Modifiable risk factors
- iii. Non-modifiable risk factors

b) List **FOUR** examples of non-communicable diseases (4mks)

c) Explain **FOUR** risk factors predisposing people to non-communicable diseases.

(20 marks)

3. Elaborate on **FIVE** effects of non-communicable diseases to a community. (20 marks)

4. Discuss **TEN** causes of cardiovascular diseases. (20 marks)

5. Enumerate **TEN** signs of common cardiovascular diseases (20 marks)