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MASINDE MULIRO UNIVERSITY OF SCIENCE AND TECHNOLOGY (MMUST)

MAIN CAMPUS

UNIVERSITY EXAMINATIONS 2022/2023 ACADEMIC YEAR

SECOND TRIMESTER EXAMINATIONS

FOR THE DEGREE
OF
BACHELOR OF SCIENCE IN NURSING& MEDICAL SOCIAL WORK.

COURSE CODE:

NCN 224, NMS 226.

COURSE TITLE: HIV/AIDS/STI MANAGEMENT

DATE: 12/4/2023

TIME: 8.00-11.00 am

INSTRUCTIONS TO CANDIDATES

TIME: 3 Hours

MMUST observes ZERO tolerance to examination cheating

This Paper Consists of 4 Printed Pages. Please Turn Over.

NMS 226,NCN 224 HIV/AIDS&STI MANAGEMENT SECTION I - (MULTIPLE CHOICE QUESTIONS) - 20 MARKS)

Instructions: Answer all Questions; choose one best option that fits the stem statement.

- 1. The first recognized cases of AIDS occurred in the US in the year;
 - a) 1978
 - b) 1986
 - c) 1981
 - d) 1984
- 2. The correct statement about HIV 1 virus is:
 - a) Subtype A is found in North America.
 - b) Is less virulent than HIV 2
 - c) Subtype C is most virulent
 - d) Subtype B is found in Africa
- 3. If a person's HIV becomes resistant to the antiretroviral medicine they are taking:
 - a) A higher dose of the same medicines will be more effective.
 - b) Those specific medicines should not be used again to treat the patient.
 - c) After waiting 1-3 months, the same medicines could again be effective
 - d) Adding one or more medicine to the regimen will increase its effectiveness
- 4. HIV is a lenti virus. which statement best describes a lenti virus:
 - a) Long time between infection and showing of signs and symptoms
 - b) Uses special enzyme to convert single strand RNA to single strand DNA
 - c) Has no cure
 - d) Evades the hosts immune system
- 5. Stage 11 of the WHO classification of HIV/AIDS in adults includes:
 - a) Persistent generalized lymphadenopathy
 - b) Acute febrile illness
 - c) HIV wasting syndrome
 - d) Herpes zoster
- 6. HIV/AIDS diagnostic test used when early diagnosis in infants is required is
 - a) CD4 cell count
 - b) Rapid antibody test
 - c) P24 antigen
 - d) Western blot
- 7. CD4 counts in children:
 - a) Less than 12 months is greater than 15% of the normal adult count.
 - b) 5 years and above is less than 500/mm
 - c) between 1-5 years is less than 25% of the normal adult count
 - d) 1-2 months is greater than 35% of the normal adult count.
- 8. The commonest side effect of Non nucleotide reverse transcriptase inhibitors is
 - a) Hematotoxicity
 - b) Hepatotocicity
 - c) Lipodystrophy
 - d) pancreatitis
- 9. The following vaccine is contraindicated in children with symptomatic HIV infection.
 - a) BCG vaccine
 - b) Pentavalent vaccine

- c) Measles vaccine
- d) Oral polio vaccine
- 10. Clotrimazole pessaries can be used in the treatment of:
 - a) trichomoniasis
 - b) chlamydia
 - c) candidiasis
 - d) herpes simplex
- 11. The HIV glycoprotein that necessitates the fusion and entry of the HIV virus is:
 - a) Glycoprotein CCR5
 - b) Glycoprotein CXCR4
 - c) Glycoprotein 120
 - d) Glycoprotein 41
- 12. A microscopy revealed a mobile flagellated organism and leukocytes on a wet film. Green yellow discharge with valvovaginal irritation. The above condition describes:
 - a) Candidiasis
 - b) trichomoniasis
 - c) bacterial vaginosis
 - d) gonorrhoea
- 13. A positive whiff's test is an indication of:
 - a) syphilis
 - b) chlamydia
 - c) bacterial vaginosis
 - d) genital warts
- 14. Primary syphilis is characterized by appearance of:
 - a) Genital chancre
 - b) Rash on palms and soles
 - c) Aortic insufficiency
 - d) Arthralgia
- 15. The following is not a sign of gonorrhoea:
 - a) Burning sensation on urination
 - b) Urethral discharge
 - c) Meatal excoriation
 - d) Genital ulcer
- 16. Lymphogranuloma venerreum is caused by following.
 - a) Treponema pallidum
 - b) C.trachomatis
 - c) Human papilloma virus
 - d) Herpes simplex virus 2
- 17. A clinical features of stage IV in pediatric HIV
 - a) Oral candidiasis (thrush) after 2 months
 - b) Pulmonary tuberclosis (TB) or lymph node TB
 - c) Recurrent severe bacterial meningitis
 - d) Severe, recurrent bacterial pneumonia

- 18. Opthalmia neonatorum is caused by:
 - a) syphilis
 - b) gonorrhea
 - c) Chlamydia
 - d) Herpes simplex
- 19. The common sexually transmitted pathogen's that are associated with inguinal bubo include the 'following except;
- a) lymphogranuloma veneralle:
- b) Chancroid
- c) Granuloma ingunale
- d) chlamydia
- 20. A combination used in Pre-Exposure Prophylaxis through sex or injection drug use:
 - a) Emticitabine + Ritonavir
 - b) Zidovudine +emtricitabine
 - c) Nevarapine + Stavudine
 - d) Tenofovir+Emtricitabine

SECTION B: SHORT ANSWER QUESTIONS - 40 Marks

1. Describe the life cycle of the HIV virus

(8marks)

2. Explain the differences between HIV and sexually transmitted infections

(3marks)

- 3. Explain four reasons why of sexually transmitted infections are underestimated. (8MARKS)
- 4. Explain reasons why women are more easily infected by HIV virus than men (8 marks)
- 5. Explain any 5 legal ethical issues related to HIV/AIDS. (5marks)
- 6. Discuss the management of an HIV positive motherdiagnosed at the ANC

(8marks)

SECTION C: LONG ESSAY QUESTIONS - 40 Marks

- Sub-Saharan Africa is the most affected by HIV/AIDS. Discuss the factors that fuel the spread of HIV/AIDS in Africa.(20 marks)
- 2. Comprehensive (wholistic) care is key in management of HIV/AIDS patients.
 - a) Define the comprehensive care concept(2 marks)
 - b) Explain the elements of care under the comprehensive care concept

(18 marks)