



(University of Choice)

**MASINDE MULIRO UNIVERSITY OF
SCIENCE AND TECHNOLOGY
(MMUST)**

**UNIVERSITY EXAMINATIONS
2023/2024 ACADEMIC YEAR**

**FIRST YEAR FIRST SEMESTER MAIN EXAMINATIONS
FOR MASTER IN
DISASTER MANAGEMENT**

COURSE CODE: DEM 825E

COURSE TITLE: MENTAL HEALTH SERVICES AND SUPPORT FOR
DISASTER SURVIVORS

DATE: 11/12/2023

TIME: 2-5 PM

INSTRUCTIONS TO CANDIDATES

SECTION A: Question ONE (1) is compulsory
SECTION B: Answer ANY TWO (2) questions

MMUST observes ZERO tolerance to examination cheating

This Paper Consists of 2 Printed Pages. Please Turn Over. 

SECTION A

1. (i) What is mental health? (2 marks)
- (ii) Indicate the importance of this dimension of a person's well-being. (5 marks)
- (iii) Describe the activities that may go into ensuring a person's mental well-being. (5 marks)
- (iv) Why is mental health support important for survivors of disasters? (8 marks)

SECTION B

2. (i) Specify the different classes of natural hazards and examples of disasters that can result from them. (5 marks)
- (ii) Describe the social factors that affect women during disasters. (5 marks)
- (ii) Compare and contrast the effects of natural disasters and those of man-made disasters. (10 marks)
3. (i) Familial factors and parental stability have implications for the mental well-being of a child disaster survivor. Discuss. (10 marks)
- (ii) Community strengths can help in the promotion of wellness and disease prevention. Discuss. (10 marks)
4. (i) Write ASD and PTSD in full and differentiate the two. (5 marks)
- (ii) Outline a typical protocol for the management of acute stress and trauma. (5 marks)
- (ii) Discuss the stages of a crisis. (10 marks)
5. 50-year old William and his wife Emily were affected by a terrorist activity that saw their home and all property destroyed. They also lost two of their four children in the incident.
 - (i) What short-term effects of the disaster would they be facing? (5 marks)
 - (ii) Explain the challenges that the surviving children aged 15 and 7 respectively may have to deal with? (5 marks)
 - (iii) What counselling techniques would you use to intervene in the family's situation? (10 marks)