



**MASINDE MULIRO UNIVERSITY OF
SCIENCE AND TECHNOLOGY
(MMUST)**

**UNIVERSITY EXAMINATIONS
2023/2024 ACADEMIC YEAR
FIRST YEAR FIRST SEMESTER
REGULAR EXAMINATION**

FOR THE DIGREE OF EARLY CHILDHOOD EDUCATION

COURSE CODE: ECD 103

**COURSE TITLE: HEALTH EDUCATION AND PRACTICES
FOR CHILD DEVELOPMENT**

DATE: 5TH DEC. 2023

TIME: 12:00 - 2:00 PM

INSTRUCTIONS TO CANDIDATES

Attempt **THREE** Questions: Question **ONE** and any other **TWO (2)**

TIME: 2 Hours

MMUST observes **ZERO** tolerance to examination cheating

This Paper Consists of 2 Printed Pages. Please Turn Over.

QUESTION 1

Define the following terms in health education

- (i) Food (2mks)
- (ii) Health (2mks)
- (iii) Curative (2mks)
- (iv) Preventive (2mks)
- (v) Hygiene (2mks)
- (b) Explain the importance of health education and practices for child development to an ECD teacher (5mks)
- (c) Identify five factors influencing child development (5mks)
- (d) Highlight five points on importance of observing a clean environment (5mks)
- (e) State five reasons why prevention in health is better than cure (5mks)

QUESTION 2

- (a) Differentiate preventive and curative measures in child development (10mks)
- (b) Describe the signs, symptoms and preventive measures of anemia (10mks)

QUESTION 3

- (a) Analyze the aims and importance of the Bamako initiative in community development (10mks)
- (b) Analyze the basic health needs of children aged 1-6 years (10mks)

QUESTION 4

- (a) Cite five accidents common in ECD and their preventive measures (10mks)
- (b) Prepare five days balanced meal for a 3 year old child (10mks)

QUESTION 5

- (a) Explain the emerging issues influencing child safety (10mks)
- (b) Explain the main causes of malnutrition in child development (10mks)