



**MASINDE MULIRO UNIVERSITY OF
SCIENCE AND TECHNOLOGY
(MMUST)**

MAIN CAMPUS

**UNIVERSITY MAIN EXAMINATIONS
2023/2024 ACADEMIC YEAR
SECOND YEAR FIRST SEMESTER EXAMINATIONS
FOR THE DIPLOMA
IN
HUMAN NUTRITION AND DIETETICS**

COURSE CODE: DND 066

COURSE TITLE: NUTRITION ANTHROPOLOGY

DATE: 6TH DECEMBER 2023 TIME: 9AM-11AM

INSTRUCTIONS TO CANDIDATES

There are three sections in the paper, answer questions in **ALL** the three sections.

1. **Section A** comprises of 10 multiple choice questions, answer all the questions.
2. **Section B** comprises of 5 short answer questions, answer all the questions.
3. **Section C** comprises of 3 essay type questions. Answer **ONLY TWO** questions.

TIME: 2Hours

MMUST observes ZERO tolerance to examination cheating.

This Paper Consists of 3 Printed Pages. Please Turn Over

SECTION A: Answer all the Questions (Total 10mks)

1. Which of the following **BEST** describes ethnocentrism?
 - A. As the practice of evaluating a culture by its own standards.
 - B. Prejudging other cultures and believing that one's own culture is superior.
 - C. An anthropological study that systematically compares similar culture.
 - D. Is land experience that can be acquired, modified and learned by human beings.
2. Which of the following is a biological determinant of food choice?
 - A. Mood.
 - B. Social class.
 - C. Attitude.
 - D. Appetite.
3. Kinship is _____.
 - A. People related to you through marriage
 - B. Culturally defined relationships between people thought to have family ties
 - C. A system of thoughts and behavior shared by a group of people
 - D. Patterns of behavior, morals, customs, beliefs
4. Which of the following is **ONE** of the ways in which anthropologists classify food?
 - A. Common meal items.
 - B. Sympathetic magic foods.
 - C. Food groups, food guide plates and nutritive value.
 - D. Inexpensive filling foods.
5. _____ is a component of environment on ecology of diseases.
 - A. Affective function
 - B. Abiotic
 - C. Reproductive advantage
 - D. Intellectual ability
6. Which **ONE** of the following is a function of kinship;
 - A. Horizontal.
 - B. Rectangular.
 - C. Circular.
 - D. Irregular.
7. Public health application of health science knowledge at the community focus on the following **EXCEPT**?
 - A. Health promotion.
 - B. Disease prevention.
 - C. Health policy.
 - D. Cultural diversity.
8. Which **ONE** of the following is a type of human adaptation and change?
 - A. Developmental adaptation.
 - B. Systematic adaptation.
 - C. Psychological adaptation.
 - D. Emotional adaptation.

9. Which one of the following is **NOT** an anthropological perspective of health?
- A. Discourse analysis.
 - B. Critical medical anthropology
 - C. Health beliefs and practices.
 - D. Discourse formation.
10. Which of the following **BEST** describes peripheral foods;
- A. Foods that are thought to promote wellness
 - B. Foods that are regularly and universally consumed within the society
 - C. Food that are least widely and frequently used
 - D. Foods that impart special properties to consumers

SECTION B: Answer ALL the questions (TOTAL 30 marks)

11. Define the following terms
- i. Ethnocentrism 1mk
 - ii. Cultural relativism 1mk
 - iii. Kinship 1mk
 - iv. Society 1mk
 - v. Nutrition anthropology 1mk
 - vi. Culture 1mk
12. Explain **THREE** roles of culture as a diet determinant (6mks)
13. Describe **THREE** branches of anthropology (6mks)
14. Outline **SIX** ways of food acquisition in the community (6mks)
15. Differentiate between myths and taboos (6mks)

SECTION C: Answer any TWO questions (TOTAL 30 marks)

16. Social functions of foods have both positive and negative impacts to an individual nutritional status. Discuss (15marks)
17. The primary biological role of food is to provide an adequate supply of energy and essential Nutrients but food has many non- nutritional functions. Discuss. (15mks)
18. Describe **FIVE** methodologies used in food habit research (15mks)

