



(University of Choice)

MASINDE MULIRO UNIVERSITY OF SCIENCE AND TECHNOLOGY

(MMUST)

MAIN CAMPUS

UNIVERSITY EXAMINATIONS

MAIN EXAM

2023/2024 ACADEMIC YEAR

FOURTH YEAR SECOND SEMESTER EXAMINATION

FOR THE DEGREE OF BACHELOR OF SCIENCE IN COMMUNITY HEALTH AND
DEVELOPMENT

COURSE CODE: HCD 211

COURSE TITLE: COMMUNITY MENTAL HEALTH

DATE: 6-12-2023

TIME: 8.00-10.00 PM

INSTRUCTIONS TO CANDIDATES:

ANSWER ALL QUESTIONS IN SECTION A, AND ANY TWO IN SECTION B

TIME: 2 Hours

MMUST observes ZERO tolerance to examination
cheating

This Paper Consists of 2 Printed Pages. Please Turn Over

SECTION A ANSWER ALL QUESTIONS (40 MARKS)

1. State four tips for maintaining good mental health (4marks)
2. Mention four roles of community health workers on issues mental health (4marks)
3. State four factors that contribute to mental disorders (4marks)
4. State 4 symptoms of depression on the DSM V (4marks)
5. List 4 symptoms of anorexia nervosa on the DSM V (4marks)
6. State 4 symptoms of level of anxiety on the DSM V (4marks)
7. Write down 4 myths and facts about mental disorders (4marks)
8. List factors that have caused increased stress in communities today(4marks)
9. Explain 4 that may be used in the management of a schizophrenic person (4marks)
10. According to DSM IV what is cluster B personality disorders(4marks)

SECTION B: LONG ANSWERED QUESTIONS 30 MARKS (ANSWER ANY TWO QUESTIONS)

1. Discuss five mental health conditions that can be managed in the primary health care (15marks)
2. Discuss five categories on psychiatric medications used in Kenya today (15 marks)
3. Discuss the big 5 factor model personality traits by McCrae and Costa, giving an example in each case (15marks)