

30
MAIN EXAM



**MASINDE MULIRO UNIVERSITY OF
SCIENCE AND TECHNOLOGY
(MMUST)
MAIN CAMPUS**

**UNIVERSITY EXAMINATIONS
2023/2024 ACADEMIC YEAR**

MAIN EXAM

**FOURTH YEAR FIRST SEMESTER EXAMINATIONS
FOR THE DEGREE
OF
BSC. HUMAN NUTRITION AND DIETETICS**

COURSE CODE: HND 404

COURSE TITLE: NUTRITION ANTHROPOLOGY

DATE: 18/12/2023

TIME: 12-2PM

INSTRUCTIONS TO CANDIDATES

Answer **ALL** questions in SECTION A and B
Answer **ONLY TWO** questions in SECTION C
Read additional instructions under various sections

TIME: 2Hours

MMUST observes ZERO tolerance to examination cheating

This Paper Consists of 7 Printed Pages. Please Turn Over

SECTION A: Question is compulsory, total (10 marks)

1. The attitude that you can understand or judge another culture in terms of your own culture is called
 - a. cultural relativism
 - b. cultural anthropology
 - c. ethnocentrism
 - d. ethnoculturalism
2. Food taboos refers to;
 - a. A prohibition against consuming certain foods.
 - b. Traditional stories about food.
 - c. Traditional food customs practiced by a particular age group
 - d. The practices, attitudes, and beliefs as well as the networks and institutions surrounding the production, distribution, and consumption of food.
3. Food culture describes;
 - a. Prohibition against consuming certain foods.
 - b. Traditional stories about food.
 - c. Traditional food customs practiced by a particular age group
 - d. Practices, attitudes, and beliefs as well as the networks and institutions surrounding the production, distribution, and consumption of food.
4. The presumption that eating particular foods has true moral weight is;
 - a. Food Behavior
 - b. Food subsistence
 - c. Food morality
 - d. Food moral
5. The sub discipline of anthropology that studies diversity of human behavior in the past is
 - a. physical anthropology
 - b. archaeology
 - c. linguistic anthropology
 - d. cultural anthropology
6. Which of these is **NOT** part of the anthropological perspective?
 - a. cross-cultural study
 - b. ethnocentrism
 - c. holism
 - d. cultural relativism
7. Cultural ecology process of

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- a. Human nature
 - b. Human Adaptation
 - c. Human behaviour
 - d. Human made culture
8. Mode of production that includes gathering of food that is available in nature, by gathering, fishing, or hunting
- a. Foraging
 - b. Horticulture
 - c. Pastoralist
 - d. Agriculture
9. The _____ term taboo means forbidden
- a. polynesian
 - b. french
 - c. greek
 - d. latin
10. The process of spreading a Cultural trait from one group to another is called _____.
- a. Folkways
 - b. Cultural diffusion
 - c. Counter culture
 - d. Cultural complexes

SECTION B: ANSWER ALL THE QUESTIONS, EACH 6 MARKS, TOTAL 30 MARKS

11. List any six factors that influence our feelings towards eating behaviors (6 marks)
12. Explain how food practices contribute to personal identity (6marks)
13. Outline the role of food in establishing kin relations in the society (6marks)
14. Using an anthropological perspective, explain the statement "You are what you eat." (6 marks)
15. State the social significance of human diet on nutritional status of any given community (6 marks)

SECTION C: ANSWER ANY TWO QUESTIONS, EACH 15 MARKS, TOTAL 30 MARKS

16. As a student, you have probably heard about cultural diversity or multiculturalism and the changing demographics in the developed countries.
 - a. What is multiculturalism? (2marks)
 - b. Why is it important to understand this concept? (4 marks)
 - c. Outline dangers in implementing multicultural education programs? (9 marks)
17. Describe the challenges anthropologies encounter during understanding the basis of diversity and universality in nutritional anthropology. (15 marks)
18. Discuss the distinct characteristics that makes nutritional anthropology unique as a field of study. (15 marks)